

Course Specification

Programme (s) on which the course is given: Baccalaureate degree in nursing science	Major / minor:
Department offering the programme: Faculty of nursing	Department offering the course: Psychiatric- Mental health nursing departement
Academic Year/Level: 2 nd year (2nd semester)	Date of Specification approval / /2022

A- Basic Information

Title: Psychiatric-Mental Health Nursing	Code: : : 206
Credit Hours: (-)	Lecture: 4
Tutorial:20	

B- Professional Information

1- Course Objective:

At the end of the course the student must be able to demonstrate:

- 1-The essential knowledge, skills and attitudes needed to provide, appropriate care for psychic patients. Helping them to cope with their psychiatric disorders also coping with their families, environment and society.
- 2-To produce nursing psychiatrist competent in providing nursing care .
- 3-The student able to develop competence in creating an appropriate ,comprehensive nursing diagnosis.

2- Intended Learning outcomes of course (ILOs)

a- Knowledge and understanding:

a1-Demonstrate understanding of the legislative framework and the role of the nurse and its regulatory functions.

a2- Demonstrate value statements in nurses' code of ethics and professional conduct for ethical decision making.

b- Intellectual skills:

b1- Use different sources of data related to contemporary standards of practice and patient care.

b2- Use and evaluate information management technologies for providing the holistic patient care in different health care settings

b3- Use standardized communication approach to transfer care responsibilities to other professionals to facilitate experience transitions across different healthcare settings.

c- Professional and Practical skills:

c1- Practice nursing in accordance with institutional/national legislations, policies and procedural guidelines considering patient/ client rights.

C2- Apply technology and information management tools to support safe care and evaluate their impact on patient outcomes

C3- Apply communication technologies that support clinical decision making, care coordination, and protection of patients' rights.

d- General and Transferable skills:

d1- Provide holistic nursing care that addresses the needs of individuals, families and communities across the life span.

d2- Advocate the patient/client needs/problems within the Egyptian health care system and the personal context.

d3- Determine health related learning needs of patient/client within the context of culture, values and norms.

d4- Assess factors that influence the patient's and family's ability, including readiness to learn, preferences for learning style, and levels of health literacy.

d 5- Participate in informal and formal methods of teaching that correspond to the health of patient/client needs and abilities in different healthcare settings.

3-Course Content:

Topic	No. of Hours	Lecture	Tutorial
Mental health and mental nursing& Psychobiology	15	2	13
	15	2	13
Theories of personality development& Defense mechanism	17	4	13
	15	2	13
General principals of psychiatric nursing&	15	2	13
	16	2	14

Communication			
Therapeutic nurse patient relationship& General symptomatology	16 18	3 4	13 14
Schizophrenia Mood disorders Crisis &Crisis Intervention Domestic Violence	16 17	3 4	13 14
Anxiety disorders Somatic symptoms and related disorders	15 15	2 2	13 13
Delusional disorders Dissociative disorders.	15 15	2 2	13 13
Neurcognitive disorders Antipsychotic	16 15	3 2	13 13
Antidepressant	15	2	13
Antianxiety	15	2	13
Mood stabilizers	15	2	13
Electro convulsive therapy	15	2	13
Psychotherapy	17	4	13
Milieu therapy	15	2	13
Stress and Stress management& Legal and Ethical Aspects	17	4	13
Total	360	60	300

4-Teaching and Learning methods

- 4.1- lectures
- 4.2- Case study
- 4.3- Group discussion
- 4.4- clinical seminars

5- Student assessment methods

- 5.1- Final Written exam to assess knowledge and understanding and ability to practice through case scenario question
- 5.2- Oral exam to assess knowledge
- 5.3- -semester work

5.4- Assignments to assess the ability to work in a group

5.5--final practical exam

Assessment schedule

1- Quiz at the of the 6th week & 10th week.

2- Midterm assessment by the end of the 9th week.

3- Final practical exam by the end of the 12th week

4-Final written exam by the end of the 15th week

5-Final oral exam by the end of the 15th week

Weighting of assessments 100 marks

Mid-term examination	10%
Final – term examination	40%
Oral examination	10%
Practical examination	15%
Semester work	15%
Other Types of assessment	10%
Total	100%

6- List of references

6.1- Course notes

Complied course notes prepared by teaching staff

6.2- Essential books (text books)

Psychiatric – mental health nursing book.

6.3- Recommended books

Comprehensive psychiatric nursing

6.4- Periodicals, Web sites . etc.

www.psychiatric research.com

Course Coordinator:

M. Elhadi Mostafa
M. Elhadi Mostafa
Date: 13 / 6 / 20 2 2

Head of Department:

Prof. / Nouv Elhadi Mostafa

University: Sohag University
Faculty: Faculty of nursing
Department of: Psychiatric –Mental health
 department

Course name	Psychiatric- Mental Health Nursing
Course code	206

Intended Learning outcomes of course

Topic	Number of weeks	Knowledge and understanding	Intellectual skills	Professional skills	General skills
Mental health and mental nursing& Psychobiology	1 st	a 1-a 2	b1-b3	c1-c3	d 2-d 4
Theories of personality development& Defense mechanism	2 nd	a 1- a 2	b1-b2-b3	c 2- c 3	d 1 – d 3
General principals of psychiatric nursing& Communication	3 th	a 1- a 2	b1-b2	c1-c3	d 1 – d2
Therapeutic nurse patient relationship& General symptomatology	4 th	a 1- a 2	b2-b3	c 2- c 3	d 1 – d 3
Schizophrenia Mood disorders Crisis & Crisis	5 th	a 1- a 2	b1-b3	c1-c2	d 1 – d 3- d 4
Anxiety disorders Somatic symptoms	6 th	a 1- a 2	b1-b2	c1-c2	d 1 – d2 – d3
Delusional disorders Dissociative	7 th	a 1- a 2	b1-b2-b3	c1-c2	d 1 – d 3- d4
Neurcognitive disorders	8 th	a 1- a 2	b1-b2	c1-c2	d1-d2-d3-d4
Antidepressant	9 th	a 1- a 2	b1-b2	c1-c3	d3-d4
Antianxiety	10 th	a 1- a 2	b1-b2-b3	c 2- c 3	d2-d3-d4
Mood stabilizers	11 th	a 1- a 2			d3-d4
Electro convulsive therapy	12 th	a 1- a 2	b1-b2-b3	c1-c2-c3	d1-d4
Psychotherapy	13 th	a 1- a 2	b1-b2	c1-c2-c3	d2-d4

Milieu therapy	14 th	a 1- a 2	b1-b3	c1-c3	d1-d3
Stress and Stress management & Legal and Ethical	15 th	a 1- a 2	b1-b2-b3	c1-c2-c3	d3-d4

Course Coordinator:

د. سحر مكيان
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Date: 13 / 10 / 2022

Head of Department:

Prof / Nour El Hada Mostafa



التاريخ : 2022/7/19

إصدار / تعديل (0/1) -

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