



كلية التمريض

2022/7/19



قسم: تمريض المسنين

إصدار / تعديل (0/1)



جامعة سوهاج

نموذج رقم

SP00QF110001

### Course Specification

|                                                                                               |                                                                             |
|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| <b>Programme (s) on which the course is given:</b><br>Baccalaureate degree in nursing science | <b>Major / minor:</b><br>Major                                              |
| <b>Department offering the programme:</b><br>Geriatric nursing                                | <b>Department offering the course:</b><br>Nursing administration department |
| <b>Academic Year/Level:</b><br>4 <sup>th</sup> years student-Second semester-2021\2022        | <b>Date of Specification approval</b><br>1/10/2022                          |

#### **A- Basic Information**

|                            |                        |
|----------------------------|------------------------|
| <b>Title:</b>              | <b>Code: : nur-409</b> |
| <b>Credit Hours: ( - )</b> | <b>Lecture: 5</b>      |
| <b>Tutorial: 5</b>         |                        |

#### **B- Professional Information**

##### **1- Course Objective:**

**At the end of the course the student must be able to**

Apply knowledge and skills of Geriatric nursing in providing high quality care to the elderly, whether elderly in geriatric homes or community elderly, through the studying of all the physiological, psychological and social changes occur to the elderly and studying the problems and diseases that can occur for the elderly

##### **2- Intended Learning outcomes of course (ILOs)**

###### **a- Knowledge and understanding:**

- 1.A Identifies basic geriatric terminology.
- 2.A Identifies theories of aging
- 3.A Describe demographics of aging, elderly needs, and factors affecting aging.
- 4.A Discusses available health services for elderly in Egypt and Sohag city.

- 5.A Demonstrates in-depth knowledge of bio-psycho-social aging changes.
- 6.A Discuss role of geriatric nurse.
- 7.A Discuss the legal aspects of elderly.
- 8.A Describes principles of caregiver, and their attitude toward elderly.
- 9.A Discuss elder abuse.
- 10.A Describes etiology, clinical picture, diagnosis, and complication of common health problems affecting cognitive, emotional state and different body systems of elderly.
- 11.A Recognizes principles of geriatric nursing management of common problems in elderly.
- 12. A Discuss the basic essential nutrition for elderly.

**b- Intellectual skills:**

- 1.B Synthesize assessment data about elderly health status, and problems
- 2.B Formulate specific geriatric care plan to meet elderly needs and problems.
- 3.B Considering available community resources.
- 4.B Uses reasoning skills in prioritizing action
- 5.B Synthesizes knowledge derived from the basic nursing, and medical courses for development of decision making in caring of elderly health problems
- 6. B Uses teaching, and learning principles when given health education for elderly about their health problems.

**c- Professional and Practical skills:**

- 1.C Apply geriatric nurse skills, and competence appropriately to essential care needs of the elderly
- 2.C Apply systematic nursing skills to prepare a plan of care for common elderly health problems.
- 3.C Use the available resources and learning efficiently and effectively to provide care for elderly people.
- 4.C Measures critically the outcomes of geriatric nursing activities for common health problems of elderly.

5.C Make referrals to appropriate community resources available for elderly.

6.C Implement standardized protocols, and guidelines when providing nursing care for elderly, and document judgment of decisions and actions

7. C Use reasoning, and problem-solving skills in prioritizing actions, and care provided for elderly

**d- General and Transferable skills:**

1.D Apply interpersonal communication and ethics in caring for elderly people at different setting.

2.D Develop critical thinking abilities.

3.D Apply problem solving skills at different situation faced at different clinical Setting.

4.D Work productively in a team.

5.D Search effectively in websites relevant to certain subjects Setting

6.D Manage effectively time, resources and set priorities

7. D Provide health education and counseling based on updated according the need of elderly people.

**3-Course Content:**

| Topic                                   | No. of Hours | Lecture | Tutorial |
|-----------------------------------------|--------------|---------|----------|
| Introduction to geriatric nursing       | 2            | 2       | -        |
| Theories of aging                       | 2            | 2       | -        |
| Nutrition For Elderly                   | 7            | 2       | 5        |
| Elderly abuse                           | 2            | 2       | -        |
| Ethical and legal aspect among elderly  | 10           | 2       | 5        |
| Common Psychosocial Problem for Elderly | 7            | 2       | 5        |
| Cardiovascular System among Elderly     | 12           | 2       | 5        |
| Respiratory System among Elderly        | 12           | 2       | 5        |
| Gastrointestinal System among Elderly   | 12           | 2       | 5        |
| Genitourinary System among Elderly      | 12           | 2       | 5        |
| Musculoskeletal System among Elderly    | 12           | 2       | 5        |
| Immune System among Elderly             | 12           | 2       | 5        |



|                                                             |    |   |   |
|-------------------------------------------------------------|----|---|---|
| Performing oral care                                        | 6  | 1 | 2 |
| Denture care                                                | 6  | 1 | 3 |
| Hearing screening test                                      | 5  | 1 | 3 |
| Vision test                                                 | 5  | 1 | 2 |
| Pressure ulcer                                              | 5  | 1 | 2 |
| Teaching hip precaution                                     | 5  | 1 | 3 |
| Different types of exercises for elderly                    | 5  | 1 | 2 |
| Mobility aids                                               | 5  | 1 | 3 |
| Comprehensive geriatric assessment and Physical examination | 20 | 4 | 8 |
| Care of immobilized elderly                                 | 5  | 1 | 3 |
| Revision                                                    | 5  | 5 | - |

#### **4-Teaching and Learning methods**

4.1- Lecture

4.2 Searches in computers

4.3 Role play

4.4 Demonstration

#### **5- Student assessment methods**

5.1 Mid - term Examination to assess level of students and determine deficiency on their knowledge

5.2 Semester work to assess skill level

5.3 Oral Examination to assess communication abilities and critical thinking

5.4 Practical Examination to assess performance skill

5.5 Final term Examination to assess student achieve intended learning outcome from course.

#### **Assessment schedule**

- Assessment 1 Mid - term Examination Week 8th week
- Assessment 2 Semester work through semester
- Assessment 3 Practical Examination Week 13th week
- Assessment 4 Oral Examination 14th week
- Assessment 5 Final - term Examination 16<sup>th</sup> week

### **Weighting of assessments 100 marks**

|                           |      |
|---------------------------|------|
| Mid-term examination      | 10%  |
| Final – term examination  | 40%  |
| Oral examination          | 20%  |
| Practical examination     | 10%  |
| Semester work             | 20%  |
| Other Types of assessment | 100% |
| Total                     | 10%  |

### **6- List of references**

#### **6.1- Course notes**

Complied course notes prepared by teaching staff

#### **6.2- Essential books (textbooks)**

**Eliopoulos C. (2019).** Gerontological Nursing. (17 th Ed.). Philadelphia: Wolters Kluwer / Lippincott Williams & Wilkins

#### **6.3- Recommended books**

- **Ebersol and Heass, (2014):** gerontological nursing and healthy aging, 4th edition., ElSevier, U.S.A.
- **Tolson, Booth and Schofield, (2011):**Evidence informed nursing with older people, 1st edition, Black Well Publishing Ltd.
- **Reed, Clarke and MacForlance, (2012):** Nursing older adults, 1st edition, McGraw Hill, England
- **Meiner, (2015):** gerontologic nursing, 5th eds. Elsevier, U.S.A.
- **Sierra and Kohonsk, (2016):** advances in geroscience, Springer international publishing

- **Miller, C.A. (2012).** Nursing for wellness in older adults: Theory and practice (6th ed.). Philadelphia: Wolters Kluwer Health / Lippincott Williams & Wilkin
- 6.4- Periodicals, Web sites . etc.

### **Sohag Journal of Nursing Sciences**

American Journal of Geriatric Nursing

Archives of Gerontology and Geriatrics

Journal of the American Geriatrics Society

**Course Coordinator:**

*Dr. Shimaa Hassan*

**Date:** *2 / 10 / 2022*

**Head of Department:**

*Dr. Shimaa Hassan*

**University:** Sohag University  
**Faculty:** Faculty of nursing  
**Department of:**

|                    |                          |
|--------------------|--------------------------|
| <b>Course name</b> | <b>Geriatric Nursing</b> |
| <b>Course code</b> | <b>nur-409</b>           |

**Intended Learning outcomes of course**

| <b>Topic</b>                            | <b>Number of weeks</b> | <b>Knowledge and understanding</b> | <b>Intellectual skills</b> | <b>Professional skills</b> | <b>General skills</b> |
|-----------------------------------------|------------------------|------------------------------------|----------------------------|----------------------------|-----------------------|
| Introduction to geriatric nursing       | 1                      | 1 A<br>3A<br>4A<br>6A              | 3B                         | 3C<br>5C                   | 1D<br>2D<br>3D<br>4D  |
| Theories of aging                       | 2                      | 2A                                 |                            |                            |                       |
| Nutrition For Elderly                   | 3                      | 12A<br>6A.                         |                            |                            |                       |
| Elderly abuse                           | 4                      | 1A<br>8A<br>9A                     |                            |                            |                       |
| Ethical and legal aspect among elderly  | 4                      | 1A<br>7A                           |                            |                            |                       |
| Common Psychosocial Problem for Elderly | 5                      | 5A<br>6A                           | 1B<br>2B                   | 2C                         |                       |
| Cardiovascular System among Elderly     | 6                      | 3A<br>10A                          |                            |                            |                       |
| Respiratory System among Elderly        | 7                      | 3A<br>10A<br>5A                    |                            |                            |                       |
| Gastrointestinal System among Elderly   | 8                      | 3A<br>10A<br>5A                    |                            |                            |                       |
| Genitourinary System among Elderly      | 9                      | 3A<br>10A<br>5A                    |                            |                            |                       |
| Musculoskeletal System among Elderly    | 10                     | 3A<br>10A                          |                            |                            |                       |
| Immune System among Elderly             | 11                     | 3A<br>10A<br>11A<br>6A             |                            |                            |                       |



|                                                             |     |                  |    |    |  |
|-------------------------------------------------------------|-----|------------------|----|----|--|
| Performing oral care                                        | 1   | 5A<br>10A        |    | 1C |  |
| Denture care                                                | 1   | 5A<br>10A<br>11A |    | 6C |  |
| Hearing screening test                                      | 2   | 3A<br>6A         |    | 1C |  |
| Vision test                                                 | 2   | 3A<br>6A         |    | 1C |  |
| Pressure ulcer                                              | 3   | 3A<br>6A         |    | 7C |  |
| Teaching hip precaution                                     | 3   | 3A               |    | 7C |  |
| Different types of exercises for elderly                    | 4   | 4A               |    | 7C |  |
| Mobility aids                                               | 5   | 3A<br>4A         |    | 7C |  |
| Comprehensive geriatric assessment and Physical examination | 6-7 | 6A               |    | 7A |  |
| Care of immobilized elderly                                 | 8   | 6A               |    | 7C |  |
| Revision                                                    | 9   |                  | 3B |    |  |

**Course Coordinator:**  
Dr. Shimaa Hassan  
**Date:** 2/10/2022



**Head of Department:**  
Dr. Shimaa Hassan

التاريخ : 2022/7/19

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نموذج رقم SP00QF110001