

Heba Gomaa Eldawoody Ali

Lecturer, Medical Surgical Nursing Department

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Date of Birth: 18 January 1988

Marital Status: Married

Qualification: Ph.D. in Nursing Science

General specialty: Nursing Science

Detailed specialty: Medical surgical nursing (Adult nursing)

Plastic surgical and bariatric nursing.

Current position: Lecturer of Medical surgical nursing - Faculty of Nursing - Sohag University

Years of Experience: (13) years of teaching and university work experience.

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Google Scholar <https://myaccount.google.com/?hl=en>



Objective

Dedicated and accomplished Lecturer of Medical Surgical Nursing with over 13 years of experience in academic teaching, clinical training, and scientific research. Specialized in Plastic Surgical and Bariatric Nursing, with a strong record of curriculum development, quality assurance leadership, and peer-reviewed publications. Seeking a university position in your college to contribute to academic excellence, nursing education, and sustainable institutional growth.

Education

2022	Ph.D. in Nursing Science Sohag University - Egypt Grade: Excellent
2017	Master's in Nursing Science Assuit University - Egypt Grade: Very Good
2011	B.Sc. Nursing Science Sohag University - Egypt Grade: Excellent with Honors

Academic Progression

2022 - Current	Lecturer, Medical Surgical Nursing Department Sohag University – Faculty of Nursing
2017 - 2022	Assistant Lecturer, Medical Surgical Nursing Department Sohag University – Faculty of Nursing
2012 - 2017	Clinical Demonstrator, Medical Surgical Nursing Department Sohag University – Faculty of Nursing

Activities and Leadership Positions

- Coordinator of the Academic Standards and Educational Programs Committee – 2025
- Member of the College Libraries Committee – 2024 till now
- Academic Advisor for Credit Hours – 2023 till now
- Executive Director of the ISO Project at the College of Nursing – 2024
- Internship Coordinator for Medical Surgical Nursing Department – 2024

- Director of the Sustainable Development Unit – 2023–2024
- Member of the ISO Internal Audit Team – 2023–2024
- Member of the Board of Directors of the Quality Assurance Unit – 2023–2025
- Member of the Executive Council of the Quality Assurance Unit – 2023–2025
- Head of the Surveys and Statistics Committee Team – 2023
- Representative of Quality Assurance Unit Manager – 2023
- Member of Various Quality Committees – 2012–2024:
 1. Scientific Research Committee
 2. Environment and Community Affairs Committee
 3. Financial and Material Resources Committee
 4. Laboratory Follow-up Committee

Experience

- Contributing to the development of theoretical and practical curriculum for Medical-Surgical Nursing at the Faculty of Nursing, Sohag University.
- Participating in the preparation and administration of theoretical and practical examinations for first- and second-year students at the Technical Institute of Nursing.
- Preparing and teaching the Fundamentals of Nursing course (theoretical and practical) for first-year students.
- Preparing and teaching the General Medical-Surgical Nursing course (theoretical and practical) for first-year students.
- Preparing and teaching the Special Medical-Surgical Nursing course (theoretical and practical) for second-year students.
- Teaching and preparing credit-hours students in the following courses:
 - Fundamental of Nursing I
 - Fundamental of Nursing II
 - Adult Nursing I
 - Adult Nursing II
 - Health Assessment
 - Research in Nursing
 - First Aid
 - Perioperative nursing management
 - Oncology nursing management
 - Quality management
- Participating in the preparation and correction of theoretical, practical, and oral examinations, in addition to control duties.
- Supervising, training, and evaluating honors students at the Faculty of Nursing.
- Supervising scientific theses within the department.

Publications

- The Effect of Educational Guidelines on Early Detection of Chronic Kidney Failure among Diabetic Patients, 2024
- Effect of Instructional Guidelines on Patients' Knowledge, Activities of Daily Living Practices, and Pain Intensity Following Spinal Cord Injury, 2024
- Effect of Structured Educational Program on Diabetic Patients' Knowledge, Attitude, and Practices Regarding Self-Administration of Insulin Injection, 2024
- Effectiveness of Eye Movement Exercise Application on Pain and Stress among Patients Undergoing Hemodialysis, 2024
- Effect of Structured Teaching Program on Physiological and Psychological Problems among Post-Bariatric Surgery Patients, 2024

- Effect of Self-Acupressure on K3 Point on Urinary Leakage during Pregnancy, 2023
- Effect of Body Image Satisfaction on Outcomes Among Women Undergoing Different Types of Breast Surgeries, 2021
- Effect of Nursing Care Bundle on the Outcomes of Women Undergoing Breast Surgeries, 2020
- Impact of Nursing Guidelines on Minimizing Postoperative Complications on Patients with Abdominal Bariatric Surgery, 2016
- Adel Amer Ismael, N., **Gomaa Eldawoody Ali, H.**, Mohammed Elsayed Ibrahim, S., Hamdy Mohammed Saied, E., & Ali Ali Elsaadany, S. (2024). The Effect of Educational Guidelines on Early Detection of Chronic Kidney Failure among Diabetic Patients. *Egyptian Journal of Health Care*, 15(1), 1100–1114.
- Elmadbouh, G., Mohamed Elsayed, M., Tantaewy, N., Mahmoud Sabek, E., Hussein Abdelsattar, A., & **Gomaa Eldawoody Ali, H.** (2024). Effect of Instructional Guidelines on Patients' Knowledge, Activities of Daily Living Practices, and Pain Intensity Following Spinal Cord Injury. *Egyptian Journal of Health Care*, 15(1), 1586–1602.
- Ibrahim Eldesouky Mohamed, E., Tag Mohamed Mohamed, A., **Gomaa Eldawoody Ali, H.**, Mohamed Mohamed Abd El Rahman, R., & Eaid Elgazzar, S. (2024). Effect of Structured Educational Program on Diabetic Patients' Knowledge, Attitude, and Practices Regarding Self-Administration of Insulin Injection. *Egyptian Journal of Health Care*, 15(2), 18–35.
- **Gomaa Eldawoody Ali, H.**, Salem, F. A., Kedeas Marzouk, H., & Mohamed Okasha, K. (2024). Effectiveness of Eye Movement Exercise Application on Pain and Stress among Patients Undergoing Hemodialysis. *Egyptian Journal of Health Care*, 15(2), 1146–1154.
- Salem, F. A., Abd El Rahman, I. A. A., Kedeas Marzouk, H., Sabry, K., & **Gomaa Eldawoody Ali, H.** (2024). Effect of Structured Teaching Program on Physiological and Psychological Problems among Post-Bariatric Surgery Patients. *Egyptian Journal of Health Care*, 15(3), 83–103.
- Ahmed, M. R., Hassan, M. M., Nabil Mohamed, E., **Gomaa Eldawoody, H.**, & Farahat, M. A. (2023). Effect of Self-Acupressure on K3 Point on Urinary Leakage during Pregnancy. *Egyptian Journal of Health Care*, 14(2), 650–662.
- **El-dawoody, H. G.**, Mohammed, M. A., Hassan, Y. S., Ali, G. A. E. N., & Abdel Aal, E. M. (2020). Effect of Nursing Care Bundle on the Outcomes of Women Undergoing Breast Surgeries. *Assiut Scientific Nursing Journal*, 8(23), 176–187.
- **El-dawoody, H. G.**, Taha, O. Y., & Ali, G. A. (2016). Effect of Nursing Guidelines on Minimizing Postoperative Complications for Patients with Abdominal Bariatric Surgeries. *Assiut Scientific Nursing Journal*, 4(8), 152–163.

Skills Development, Quality & ISO Courses

- Completed Internal Auditor Course for ISO, 2023
- Passed Anti-Corruption and Introduction Course, Sohag University, 2020
- Completed Examination Systems and Student Evaluation in University Education in Light of Quality Assurance Standards, 10–11 February 2020
- Completed Program Accreditation Course, Quality Assurance Center, Sohag University, 25–26 August 2020
- Completed Introductory Course on the Scientific Researcher Portal, 3–4 July 2019
- Completed E-learning and Distance Learning Course, 2017
- Completed Communication Skills and Different Learning Styles Course, Center for Developing Faculty Members' Capabilities, 2017
- Participated as Trainer in First Aid Course, Continuing Nursing Training Center, 2017
- Completed Research Team Management Course, Center for Developing the Capacities of Faculty Members and Leaders, 15–16 August 2015
- Completed Local and International Competitive Research Projects Program, Faculty Development Center, 30 May – 1 June 2015
- Completed Scientific Publishing Course, 2015
- Completed Standards-Based Evaluation and Electronic Tests Course, Center for Development of Student Evaluation and Examination Systems, Sohag University, 23–25 September 2014
- Completed Human Development Course (Effective Communication Skills), Continuing Nursing Training Center, 2014
- Completed Training Package Preparation Course, Continuing Nursing Training Center, 19 March 2014
- Completed University Teacher Preparation Course (41st Session), Faculty of Education, Sohag University, 2014
- Completed Infection-Free Services and Virus C Protection Training, Misr El Kheir Foundation, 18 March 2013
- Participated as Trainer in First Aid Course, Faculty of Arts, Sohag University, 2013

- Attended Targeted Learning Outcomes Formulation and Curriculum Mapping Course, Faculty of Nursing, Sohag University, 25 December 2012
- Completed Crisis Management Program, Center for Developing the Capacities of Faculty Members, Sohag University, 27–29 March 2012

Workshops & Training Courses

- **Ethics of Scientific Research**, Faculty of Nursing, Sohag University – Lecturer, 2024
- **Code of Ethics**, Faculty of Nursing, Sohag University, 2020
- **Strategies to Communicate Research Online**, Researcher Academy, 07/2020
- **Question Banks**, Center for the Development of Student Evaluation Systems and Examinations, Sohag University, 11/2019
- **Preparing the Test Item**, Measurement and Evaluation Unit, Faculty of Nursing, Sohag University, 11/2019
- **Quality Concept and Quality Standards**, Quality Assurance Unit, Faculty of Nursing, Sohag University, 11/19/2019
- **Egypt Vision 2020**, Quality Assurance Unit, Faculty of Nursing, Sohag University, 12/12/2019
- **Science of Web Conference**, Conference Center, Cairo University, 14–15/09/2019
- **Google Scholar and ResearchGate**, E-Services Unit, Faculty of Nursing, Sohag University, 03–04/07/2019
- **Electronic Tests**, Center for the Development of Student Evaluation Systems and Examinations, Sohag University, 17–18/02/2019
- **Community Culture for Preventing and Combating Corruption in E-Learning**, Center for Information Systems and Technology, Sohag University, 01/2019
- **Foundations and Applications of Academic and Reference Standards**, Quality Assurance Center, Sohag University, 15–26/12/2018
- **Knowledge Bank**, E-Services Unit, Faculty of Nursing, Sohag University, 27–29/08/2017
- **Designing Questionnaires and Analyzing Results**, Center for the Development of Student Evaluation Systems and Examinations, Sohag University, 12/2016
- **Control Works and Rules of Lifting**, Electronic Information Unit, Faculty of Nursing, Sohag University, 05/2016
- **Professional Behavior**, Faculty Development Center, Sohag University, 04/2016
- **Communication Skills in Different Educational Styles**, Faculty Development Center, Sohag University, 03/2016
- **Academic Publication Program**, Faculty Development Center, Sohag University, 05/2015
- **Evaluation Based on Electronic Standards and Tests**, Center for the Development of Student Assessment Systems and Examinations, Sohag University, 05/2015

Scientific Conferences

- Participated in the Third International Environment Conference at Sohag University, titled Green Transformation and Environmental Artificial Intelligence Applications, April 2025.
 - Participated in the Sixth International Conference titled Artificial Intelligence and Women's Health, Faculty of Nursing, Mansoura University, February 2025.
 - Participated in the Sixth International Conference of the College of Nursing, titled Artificial Intelligence in Nursing (Education and Practice), November 6, 2024.
 - Participated in the Fifth Scientific Conference (Climate Change and Health) as Chairman of the Housing and Subsistence Committee and Speaker, 2024.
 - Participated in the Fourth Student Conference, Faculty of Nursing, Sohag University, 2023.
 - Participated in the Fifth Scientific Conference for Young Researchers, 2020.
 - Attended the Eighth Upper Egypt Plastic Surgery Conference, titled Challenges in Plastic Surgery, 2018.
 - Participated in training for Nursing Staff Members in Operating Departments, Sohag, December 23–28, 2017.
 - Attended and participated in the Scientific Day of the Adult Nursing Department, Assiut University, titled World Diabetes Day, November 14, 2016.
 - Attended and participated in the First Student Conference, Faculty of Nursing, Sohag University, 2016.
 - Attended an Educational Symposium, Faculty of Nursing, Sohag University, titled Food Poisoning – Diabetes–Hepatitis C, December 2015.
 - Attended a Training Course on Global Database Search Mechanisms, March 4, 2015.
 - Attended and participated in the Fourth Scientific Day, Faculty of Nursing, Sohag University, titled The Role of Nursing Faculties in Developing Nursing Services in Egypt, 2015.
 - Attended the Environmental Week Activities, Faculty of Nursing, Sohag University, 2015.
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- Participated in the Environmental Week Activities, Faculty of Nursing, Sohag University, 2015.
- Participated in the Ninth Scientific Conference, Faculty of Medicine, Sohag University, titled Applied Scientific Researches: A Fact or Fiction, April 24, 2014.
- Attended and participated in the Third Scientific Day, Faculty of Nursing, Sohag University, titled The Role of Nursing Faculties in Developing Nursing Services in Egypt, April 3, 2014.
- Attended the Second Scientific Day, Faculty of Nursing, Sohag University, April 4, 2013.
- Attended a Training Program on Hepatitis C Virus, organized by Misr El Kheir Foundation, March 18, 2013.
- Attended a Workshop on the Ethical Code of Examinations, College of Nursing, March 12, 2013.
- Attended a Scientific Symposium, titled The Art of Communication, Faculty of Nursing, Assiut University, 2012.
- Attended and participated in the First Scientific Day, Faculty of Nursing, Sohag University, April 3, 2012.

Community Service Activities

- Participating in the Best Environmentally Friendly University Award, Sohag University, 2024
- Delivering lectures in the Operations and Dialysis courses at the Regional Center in Sohag, 2024
- Delivering lectures in the First Aid course at the Continuing Nursing Training Center, Sohag University, 2024
- Participating in the Graduate Studies and Research Sector Award, Sohag University, 2023
- Contributing to the Financial and Material Resources Committee during the annual Environmental Week activities, Faculty of Nursing, Sohag University, 2023
- Delivering lectures to nursing school students at Al-Hilal Hospital, Sohag, 2023
- Conducting educational seminars for nursing specialists at Al-Hilal Hospital, Sohag Governorate, 2022
- Participating in the First Aid Tent, Faculty of Nursing, Sohag University, 2018
- Participating in a Nursing Convoy at the Oncology Institute, Sohag Governorate, 2018
- Participating in the First Aid Tent, Faculty of Nursing, Sohag University, 2016

Teaching Courses (Theoretical and Practical)

- Teaching special medical surgical nursing – theoretical, second year, first term, Faculty of Nursing, Sohag University.
 - Teaching general medical surgical nursing – theoretical, first year, second semester, Faculty of Nursing, Sohag University.
 - Teaching theoretical course of fundamental medical surgical nursing, first year, first term, Faculty of Nursing, Sohag University.
 - Teaching special medical and surgical nursing, second year, first semester, Faculty of Nursing, Sohag University.
 - Teaching general medical surgical nursing – practical, first year, second Semester, Faculty of Nursing, Sohag University.
 - Teaching fundamental of medical surgical nursing, first year, first semester, Faculty of Nursing, Sohag University.
 - Teaching first Aid course for students at the Higher Technological Institute for Applied Health Sciences, Sohag.
 - Teaching health assessment course at the Nursing Institute, Sohag University.
 - Teaching oncology nursing course at the oncology Institute, Sohag.
 - Teaching humanities and medical and surgical nursing course at Al-Kawthar Institute, Sohag
 - Teaching fundamentals of medical surgical nursing at Al-Hilal Institute, Fourth Year, First Semester, Sohag.
 - Teaching general medical surgical nursing, Nursing Institute, First Year, Second Term, Sohag University.
 - Teaching fundamentals of medical surgical nursing, Nursing Institute, first year, first term, Sohag University.
 - Teaching both theoretical and practical courses for students enrolled in the credit hours system in the following subjects:
 - Fundamentals of Nursing I course
 - Fundamentals of Nursing II course
 - Adult Nursing I course
 - Adult Nursing II course
 - Health Assessment course
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- Research in Nursing course
- First Aid course
- Perioperative nursing management course
- Oncology nursing management course
- Quality management course

Control work

- Participation in control work, including monitoring and reviewing the lists, following up on the receipt and delivery of grade lists from the departments, and monitoring grades on Excel sheets from 2022 until now.

Computer Courses

- MIS course, 2014.
- Information and Communication Systems and Technology Training Center at Sohag University (end note 2013).
- SPSS Advanced Track course, 2013.
- Basic track course at the Training Center for Information and Communication Systems and Technology at Sohag University, 2013.
- General Diploma in Computer and includes Introduction, Windows, Word, Writing, Excel, PowerPoint and Internet, 2012.
- Training Center on Information and Communication Technology and Information Systems at Sohag University (web publishing using front page), 2012.
- Obtaining the International Computer Driving License (ICDL), 2012.

Language Courses

- TOEFL course of AMIDEAST, 2022.
- TOEFL course, 12/8/2018
- French language course at the Public Service Center for Languages and Translation at the Faculty of Arts, 10/14/2018
- English language course at the Language Center at Sohag University, 6/17/2015.
"English language test certificate" with percentage 82%, date, 6/17/2015

Supervision of Scientific Thesis

- Assessment of Nurses' Readiness for Care of Patients Undergoing Negative Pressure Wound Therapy
Researcher Name: Abdul Rahman Ahmed, 2024.
- Assessment of Nursing Knowledge and Practice Regarding Barriers to Green Practices in Operating Rooms
Researcher Name: Noura Kabari, 2024.
- Assessment of Nurses' Knowledge Regarding Respiratory Syncytial Infection and It's Relation to Climate Change
Researcher Name: Mariam Adel Shenouda, 2025.

Technical Skills

- Proficient in curriculum development and course planning.
 - Skilled in delivering lectures and clinical training.
 - Experienced in simulation-based education and clinical skills labs.
 - Competent in using Learning Management Systems (LMS) like Moodle and Blackboard.
 - Strong knowledge of research methodologies and academic writing.
 - Experience with academic accreditation and quality assurance standards.
 - Familiar with statistical analysis tools (e.g., SPSS).
 - Skilled in student assessment and evaluation methods.
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Personal Skills

- Excellent communication and interpersonal.
- Strong leadership and organizational abilities.
- Ability to work effectively within academic and clinical teams.
- High attention to detail and accuracy.
- Strong problem-solving and decision-making.
- Committed to continuous professional development.
- Empathetic and student-focused approach to teaching.
- Capable of handling multiple tasks and deadlines efficiently.
- Creative and flexible in teaching strategies.
- Professional, ethical, and motivated attitude.

Software skills

- Microsoft Word: Creating, formatting, and editing text documents.
- Microsoft Excel skills: Proficiency in data entry, formulas, sorting, filtering, etc.
- Microsoft PowerPoint: Preparing visually appealing, clean presentations.
- Microsoft Outlook: Managing emails and contacts, scheduling appointments, etc.
- Setting exams on the electronic platform (ZAD), setting assignments for students, evaluating students, following up on academic guidance, and registering courses.
- Uploading the final electronic curricula for theoretical and practical exams

Contact References

1.

- Name: Prof. Om Hashem Gomaa Ragab
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- Name: Prof. Manal Mohamed Ahmed Ayed
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3.

- Name: Prof. Hanan Abdelrazik Abdelall Mohamed
- Job Title: Assistant professor of Medical Surgical Nursing, Price Sattam Bin Abdulaziz University, College of Applied Medical Sciences, Wadi Alddawasir, Nursing Sciences Department
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4.

- Name: Prof. Eman Elmadany
- Job Title: Professor of Histology, Faculty of Medicine, Sohag University
- Phone Number: 01099878798

Languages

Arabic: Native Speaker

English

 Upper Intermediate (B2)