



ESRAA NABIL MOHAMMED

Address: Egypt, Kafr El-Sheikh, Desouk, Minit Ganag Village

Mobile: 01093019956

E-Mail: dr_esraa_nabil@yahoo.com

PROFESSIONAL SUMMARY

Dedicated and experienced Medical-Surgical Nursing Professional with over 12 years of expertise in academia, research, and healthcare training. Specialized in nursing education, patient care, and research with a focus on self-care behaviors, diabetic patient education, and infection control. Skilled in curriculum development, quality assurance, and training program leadership. Proficient in Microsoft Office, SPSS, and scientific tools. Fluent in Arabic and English, with intermediate French proficiency.

EDUCATION

PhD in Nursing _ Sohag University, Egypt | 2022

Thesis: Impact of BASNEF Model Educational Program on Eye Care among Non-Insulin Dependent Diabetic Patients

Master's Degree in Nursing (M.D.) _ Assiut University, Egypt | 2016

Thesis: Assessment of Self-Care Behaviors of Patients with Congestive Heart Failure (Suggested Nursing Guidelines)

Bachelor of Science in Nursing _ Sohag University, Egypt

Specialization: Medical-Surgical Nursing

PROFESSIONAL EXPERIENCE

Lecturer, Medical-Surgical Nursing

Faculty of Nursing, Sohag University

19/02/2012 - Present

- Delivered lectures and practical training in medical-surgical nursing to undergraduate and postgraduate students.
- Supervised student research projects and theses.
- Developed and updated course materials to align with international nursing standards.
- Conducted workshops and training sessions on infection control, dialysis, and first aid.
- Served as ISO and quality assurance coordinator for the department.
- Member of the scientific research standards committee and postgraduate studies quality assurance unit.

Vice Dean

Technical Nursing Institute, Sohag

17/11/2022 - 2025

- Oversee academic and administrative operations of the institute.
- Implement quality assurance measures to improve educational standards.
- Coordinate training programs and workshops for nursing staff.
- Ensure compliance with national and international accreditation standards.

Delegate Lecturer

Faculty of Nursing, Sphinx University, Assiut

2023 - 2024

- Contributed to curriculum development and teaching in the nursing program.
- Conducted research and published findings in peer-reviewed journals.

RESEARCH WORK

- Assessment of Self-Care Behaviors of Patients with Congestive Heart Failure (Suggested Nursing Guidelines)
- Published in International Journal of Novel Research in Healthcare and Nursing, August 2016.
- Impact of BASNEF Model Educational Program on Eye Care among Non-Insulin Dependent Diabetic Patients
- Published in International Journal of Novel Research in Healthcare and Nursing, May-August 2021.
- Assessment of Eye Care Behavior among Non-Insulin Dependent Diabetic Patients
- Published in Sohag Journal of Junior Scientific Researchers, 2021.
- Effect of Self-Acupressure on K3 Point on Urinary Leakage during Pregnancy
- Published in Egyptian Journal of Health Care, 2023.
- Nurses' Short Peripheral Catheter Flushing: Effectiveness of Instructional Guidelines on Knowledge and Practices
- Published in Annals of Forest Research, 2023.
- Effect of Educational Guidelines on Nurses' Knowledge and Patients' Airway Risks and Complications Using Laryngeal Mask versus Endotracheal Tube
- Published in Egyptian Journal of Health Care, 2024.
- Effect Of Climate Change on Asthma Patients' Quality of Life
- Published in international Journal of Environmental Sciences, 2025
- Evaluating the Effectiveness of Tennis Ball Self-Maneuver on Pain and Disability in Trapezius Myalgia Patients: A Nursing Intervention Study at Sohag University Hospital, 2026

Training and certifications

- University Teaching Preparation Course, Sohag University, 10-20/02/2014.
- Research Team Management, Sohag University, 15/08/2015.
- Ethics of Scientific Research, Sohag University, 04/2015.
- Web Publishing Using Front Page, Sohag University, 04/2012.
- ICDL (Word, Excel, PowerPoint, Maintenance), Sohag University, 09/2012.
- SPSS (Statistical Package for Social Sciences), Sohag University, 04/2013.
- EndNote Program, Sohag University, 09/2015.
- Advanced PowerPoint, Sohag University, 09/2015.
- TOEFL ITP (Score: 507), Amideast, 07-21/02/2022.
- French Language Proficiency Course, Sohag University, 27/10/2021-10/11/2021.
- Fundamentals of Digital Transformation, Sohag University, 10/2020.
- Infection Control and Protection from Hepatitis C, Sohag University, 18/03/2013.
- 1st International Upper Egypt Nursing Colleges Conference, Assiut University, 23-25/02/2020.
- 6th International Conference of Nursing College, Sohag University, Chairman of the Organizing Committee, 06/11/2024.
- 2nd Scientific Day of the Faculty of Nursing, SVU, Speaker, 04/12/2023.
- Workshop on General Guidelines for Scientific Publishing, Faculty of Nursing, Sohag University, 05/12/2023

SKILLS

Personal Skills

- Strong leadership and team management abilities.
- Excellent communication and interpersonal skills.
- High attention to detail and organizational skills.
- Ability to work under pressure and meet deadlines.
- Adaptability to changing environments and new challenges.
- Empathy and patient-centered care approach.

Practical Skills

- Proficient in Microsoft Office Suite (Word, Excel, PowerPoint).
- Advanced knowledge of SPSS for statistical analysis.

- Skilled in using EndNote for reference management.
- Experience in web publishing and content creation.
- Familiarity with digital transformation tools and e-learning platforms.
- Expertise in infection control protocols and patient safety measures.
- Ability to design and implement educational programs and workshops.
- Knowledge of quality assurance standards and accreditation processes

LANGUAGES

Arabic: Native proficiency (spoken, written, and reading).

English: Excellent proficiency (spoken, written, and reading).

- Passed a 36-hour English proficiency course at Sohag University with a score of 85%.
- TOEFL ITP score: 507 (Amideast, 2022).

French: Intermediate proficiency (spoken, written, and reading).

- Completed a 36-hour French proficiency course at Sohag University with a score of 85%.

PERSONAL INFO

- **Date of Birth:** December 9, 1989
- **Nationality:** Egyptian
- **Marital Status:** Married
- **Gender:** Female



جامعة سوهاج
2021 / 027452

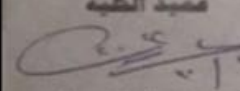
شهادة دكتوراه



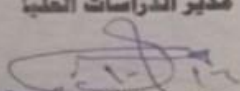
وافق مجلس جامعة سوهاج بجلسته المنعقدة في ٢٠٢٢/٩/٢٨ م على منح الطالبة /اسراء
 نبيل محمد حسين درجة الدكتوراه في علوم التمريض (تخصص تمريض الباطني والجراحي)
 وذلك بناء على توصية مجلس كلية التمريض بتاريخ ٢٠٢٢/٩/١٥ م
 وكان عنوان الرسالة :
**" تأثير البرنامج التعليمي استناداً إلى نموذج (باسنيف) للعناية بالمرضى
 في مرضى السكري غير المعتمد على الأنسولين النوع الثاني "**



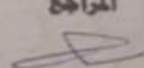
معيد الكلية


 د / غنى عبد الناصر على

مدير الدراسات العليا


 مجدى عبد الكريم أحمد

المراجع



المختص

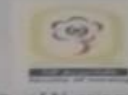
عالمة مبرور
 فاطمة محمود محمد



سدد الرسوم بالقسيمة رقم (٠٨٦٨٦٨٥) بتاريخ ٢٠٢٢/١٠/١٦ م



Faculty of Nursing, Sohag



Faculty of Nursing, Qena

This is to certify that
Dr. Esraa Nabil Mohammed
Actively participated as a speaker
*2nd Scientific Day of the Faculty of Nursing, SVU in collaboration with Faculty of
Nursing, Sohag University: Green Hospital and Holistic Care*
4th December 2023

Prof. Ghona Abd El-Nasser

Dean of Faculty of Nursing, Sohag University

Prof. Nadia Saleh

Vice Dean of Post-graduate Studies and Research,
Faculty of Nursing, Sohag University

Prof. Gamal A. Alsugheer

Dean of Faculty of Nursing, South Valley University

Prof. Eman Elshazly

Vice Dean of Post-graduate Studies and Research,
Faculty of Nursing, South Valley University



2020
CERTIFICATE



المؤتمر العلمي الخامس لشباب الباحثين

The Fifth Scientific Conference for Young Researchers

This is to certify that

Esraa Nabil Mohammed

Assessment of Self Care Behaviors of Patients with Congestive Heart Failure: (Suggested Nursing Guidelines)

Has been attended the Fifth Scientific Conference for Young Researchers organized by Sohag University on February, 18, 2020

Professor Ahmed A. Abdel-Moneim

A. moneim
President of Sohag University



Professor Ahmed M. Soliman

A. Soliman
Vice-President of Sohag University



AMSSA



"Quality Education And Health"

Certificate Of Attendance

This is to certify that:

Esraa Nabil

Has Attended The 1st International Upper Egypt Nursing Colleges Conference
2nd International Conference Of Nursing College, Assiut University

Towards Achieving Sustainable Developmental Goals:

"Quality Education And Health"

23-25th February

2020

Conference General Secretary

Prof. Mimi M. Mekkawy

Conference Coordinator

Prof. Mervat A. Khamis

Conference President

Prof. Samah M. Abdalla



شهادة

تشهد وحدة الخدمات الإلكترونية بكلية التمريض جامعة سوسة بأن

د / اسراء بنيل محمد

قد شاركت بالحضور واجتازت دورة تدريبية بعنوان

" بنك المعرفة "

من الفترة من ٢٧-٨-٢٠١٧ الى ٢٩-٨-٢٠١٧

مدير مركز التدريب

د / محمد ابو الحسن سليم



مدير وحدة الخدمات الإلكترونية

د / منال محمد احمد عايد



2021
CERTIFICATE



المؤتمر العلمي السادس لشباب الباحثين "الدولي الأول"

This is to certify that

Esraa Nabil Mohammed

Faculty of Nursing

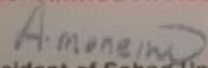
Research titled

**"Impact of BASNEF Model Educational Program on Eye Care
among Non-Insulin Dependent Diabetic Patients"**

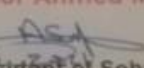
**Has Participated in the sixth Scientific Conference for Young Researchers
Organized by Sohag University on March ,10,2021**

Professor Ahmed A. Abdel-Moneim

Professor Ahmed M. Soliman


President of Sohag University




Vice-President of Sohag University



جمهورية مصر العربية
 وزارة الصحة والسكان
 مديرية الصحة والسكان بسوهاج
 تتقدم مديرية الصحة والسكان بسوهاج بأسمى آيات الشكر والتقدير
 للسيدة الاستاذة / اسراء نبيل محمد حسين محمد

مدرس مساعد تمريض باطني وجراحي كلية التمريض - جامعة سوهاج
وذلك لما قدمته سيادتها من جهد وتعاون مثمر
في تدريب أعضاء المهن الطبية
الكرين لسيادتها حسن تعاونها وملتزمين لها دوام التوفيق والرفق .

وشيخ الوزاره
 د. كبريائه محمد
 مد. سامي النجار

المحرمه العاء
العميد الفارسي



Certificate

AWARDED TO Esraa wabil mohamed

For Attendance in

*1st International Conference of Faculty of Nursing Sohag
University on April 5-6th 2016*

Under the Title of: The Impact of Scientific Research on Nursing Practices

Conference president

د. سامية محمد السيد

Prof. Samia M. Saied, M.D



General secretary

Ramadan Saleh

Prof. Ramadan Saleh, M.D

شهادة شكر وتقدير

احتفالية يوم العلم للعام ٢٠٢٢

الأستاذة/ إسراء نبيل محمد حسين
المدرس المساعد بكلية التمريض
لتفوقه وتميزه العلمي

رئيس الجامعة

د. د. مصطفى عبد الحنا

نائب رئيس الجامعة للدراسات العليا والبحوث

د. د. حسام النعماني

رئيس اللجنة التنظيمية

د. د. أحمد الخطيب



شهادة حضور دورة

يشهد مركز التدريب التمريضي المستمر - كلية التمريض - جامعة سوهاج بأن

السيدة الدكتور/إسراء نبيل محمد

قد أتمت الدورة التدريبية بعنوان "سفارة المعرفة و قواعد البيانات"

في الفترة من ٧ - ٨ فبراير ٢٠١٨

عميد كلية التمريض

د/د/إسراء نبيل محمد

أ.د/سامية محمد أحمد سعيد



مدير مركز التدريب التمريضي المستمر

د/أم هاشم جمعة رجب





CERTIFICATE OF APPRECIATION

This is to certify that

Dr. Esraa Nabil Mohammed

Chairman of the organizing committee

Has Attended the 6th International Conference of Nursing College-Sohag University

Artificial Intelligence in Nursing "Education and Practice"

November 6, 2024

ARTIFICIAL INTELLIGENCE IN NURSING
"EDUCATION AND PRACTICE"

Conference Rapporteur

Prof. Nadia Saleh

Conference President

Prof. Ghona Abd El Nasser



CERTIFICATE OF ATTENDENCE

THIS IS TO CERTIFY THAT

Dr/ Essaa Nabil Mohammed

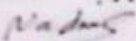
As a member of Organizing Committee

Has Attended the 5th International Conference of Nursing College -Sohag University

Climate Changes and Health-Nursing Vision

December 27-28, 2023

Conference Rapporteur


Prof.Nadia Saleh

Conference President

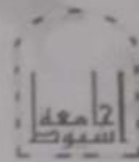

Prof.Ghona Abd El-Nasser



تم التوقيع

جامعة اسيوط شهادة ماجستير

M 015763



كلية التمريض
إدارة الدراسات العليا والبحوث

وافق مجلس الجامعة بجلسته المنعقدة في ٢٧/١٢/٢٠١٦ م على منح
الطالبة/ اسراء بيل محمد حسين
درجة الماجستير في التمريض (تمريض البالغين "باطني وجراحي")
بتقدير عام ممتاز
وذلك بناء على توصية مجلس الكلية بتاريخ ٢٠/١٢/٢٠١٦ م
وكان عنوان الرسالة : " تقييم سلوكيات الرعاية الذاتية لمرضى قصور القلب
(أرشادات تمريضية مقترحة) "

تم في ٢٧/١٢/٢٠١٦ م

عميد الكلية

رئيس إدارة الدراسات العليا

المراجع

الموافق

رئيسة عبد اللطيف محمد

مدرسة التمريض

مدرسة التمريض

مدرسة التمريض



تتوجه كليتي التمريض والآداب بوافر الشكر والتقدير
 للسيدة / **إسراء نبيل** معيدة بقسم تمريض الباطني والجراحي
 لما بذلته من جهد كمدرّب في دورة الإسعافات الأولية
 بكلية الآداب يوم الثلاثاء الموافق ٢٦/١١/٢٠١٣ م.



ا د
كریم مصلاح صالح

لمبدأ كلية التمريض

وكيل كلية التمريض
لخدمة المجتمع وتنمية البيئة

عميد كلية الآداب

وكيل كلية الآداب
لخدمة المجتمع وتنمية البيئة

أ.د./ أ.إ.د/ ایمان السید أبو صف

أ.د. رمضان صالح عبد

ا.د / کریم مصباح صالح

أ.أ. / أ.أ. / عبد الناصر محمد

Student Name: MOHAMMED ESRAA NABIL

Student Number: 2091202284

Date of Birth: 1989-12-09 **Gender:** Female

Test Date: 2022-02-14

YOUR TOTAL SCORE



Listening Comprehension

Test takers at this level are sometimes able to:

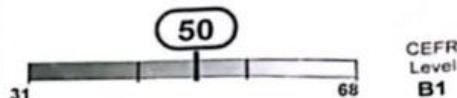


When listening to a short dialogue about an everyday situation

- understand the main idea of the conversation
- understand basic vocabulary
- understand explicitly stated points that are reinforced or repeated
- understand the antecedents for basic pronouns (e.g., "it," "they," "yours")

Structure and Written Expression

Test takers at this level are usually able to:



- use common tenses of verbs correctly, including passive forms
- use linking verbs with ease and use an expletive, such as "there is" in the absence of another main verb
- recognize when verbs require objects, such as infinitives, gerunds, or clauses beginning with "that"
- introduce a clause with very common words, such as "before" or "if"
- recognize the correct structure of a sentence or clause, even when its subject and verb are slightly separated

Reading Comprehension

Test takers at this level are sometimes able to:



- understand the general idea of some sentences that use simple, everyday vocabulary
- understand the main idea of some texts in which the idea is reinforced by the repetition of important vocabulary across many sentences
- follow simple sentence references (e.g., "it," "they") to determine the grammatical referent of a pronoun
- locate requested information in some sentences if pointed directly to the part of the passage containing the information (e.g., "in line x", "in paragraph y")

17723



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Post Graduate
Faculty of Nursing

Assiut University

04002



THIS IS TO CERTIFY THAT MISS / Esraa Nabil Mohammed Hussein
WAS AWARDED THE MASTER DEGREE IN: Adult Nursing (Medical Surgical)

ON: 27/12/2016

GENERAL GRADE Excellent

THE TITLE OF THE THESIS WAS:- " Assessment of self care behaviors of patients with
congestive heart failure (suggested nursing guidelines)"

ASSIUT; 19/1/2017

REGISTRAR

D. Elata - Alwatef

DEAN

Prof. [Signature]



19/1/2017
12/1/2017



Certificate of Attendance

"This is to certify that

Dr. / *Eman E. Abu-Dief*

Has attended in the activities of the Second Scientific Meeting of the Faculty of
Nursing, Sohag University on Thursday 4/4/2013 titled:

**"Future of Nursing in Upper Egypt in the Light of Past
Restrictions and Current Challenges"**

Organizing Committee

Dr. Ramadan Saleh
Dr. Ramadan Saleh, MD

Scientific Committee

Prof. Samia Saled
Prof. Samia Saled, MD

Dean of the Faculty and
President of the Meeting

Dr. Eman E. Abu-Dief
Prof. Eman E. Abu-Dief, MD





ilUnits

وحدة الخدمات الإلكترونية بكلية التمريض

ICT
IT training center

شهادة

تشهد وحدة الخدمات الإلكترونية بكلية التمريض بجامعة سوهاج بأن

الدركتورة / إسراء نبيل محمد

معيد بكلية التمريض

قد شاركت بالحضور واجتازت دورة تدريبية بعنوان

"أعمال الكنترولات وقواعد الرأفة والرفع"

وذلك في الفترة من ٢٠١٦ / ٥ / ٣ إلى ٢٠١٦ / ٥ / ٥

مدير مركز التدريب

د/ محمد أبو الحسن سليم

مدير وحدة الخدمات الإلكترونية

د/ منال محمد أحمد عايد

حاصل



Certificate of Attendance



This is to certify that

Dr. / Esraa Nabil Mohamed
Has attended

NURSING IN UPPER EGYPT BETWEEN THE REALITY AND EXPECTATIONS

in the activities of the First Scientific Meeting
of the Faculty of Nursing Sohag University Thursday 12/4/2012

General Coordinator

[Signature]
Dr. Ghona A. Ali

Vice Dean for Community Service
and Environmental Development

[Signature]
Dr. Tarek A. AbuLezz

Dean of the Faculty

[Signature]
Prof. Dr. Eman E. Abu-Una



شهادة حضور

تشهد وحدة ضمان الجودة بكلية التمريض جامعة سوهاج بأن

م. م / إسراء نبيل محمد

قد حضرت ورشة عمل بعنوان " مفهوم الجودة ومعايير الاعتماد "

وذلك يوم الثلاثاء الموافق ٢٠١٩ / ١١ / ١٩ م. وهذه شهادة منا بذلك

قائم بعمل عميد الكلية

د/ يسريّة السيد يوسف
عميد كلية التمريض - جامعة سوهاج

د/ يسريّة السيد يوسف

وحدة ضمان الجودة
كلية التمريض - جامعة سوهاج

مدير الوحدة

د/ أم هاشم جمعة رجب



Certificate

مجموعه ١٠١٨
مصلحة التعليم العالي
وزارة التعليم
الرياض
١٤٣٩
١٠ / ٩ / ٢٠١٧
١٠ / ٩ / ٢٠١٧

(Passport)

MOHAMMED HUSSEIN

Male ()

Female ()

Course started on: 10 / 9 / 2017

Course ended on: 10 / 9 / 2017

TEST SCORE (TOEFL EQUIVALENT)

Total Mark 500

Date Certificate Received: 12 / 9 / 2017

DIRECTOR

Prof. A.F. Hassan



VICE PRESIDENT

[Signature]

