



كلية التمريض



كلية التمريض حاصلة على شهادتي
ISO 9001:2015 & ISO 21001:2018



جامعة سوهاج

CV

Sanaa Mostafa Khalifa

Assistant professor of Psychiatry and Mental
Health Nursing

Faculty of nursing, Sohag University, Egypt



PERSONAL INFORMATIONS

Name: Sanaa Mostafa Khalifa Ali

Date of birth: 1-6-1987

Social status: Married

Nationality: Egyptian

Mobile: 01149774880

E-mail: sanaa_khalifa@nursing.sohag.edu.eg

whenthelunrise42@yahoo.com

Address: El-Mateia Village, Assiut governorate

EDUCATIONS QULIFICATION

- PHD in Psychiatry and Mental Health Nursing Assiut university 2019
- Master degree of Psychiatry and Mental Health Nursing Assiut university 2015

- BSc. Faculty of nursing Assiut university 2009

PROFESIONAL EXPERIENCES

- Lecturer of Psychiatry and Mental Health Nursing faculty of Nursing, Sohag University 2019 to present
- Assistant lecturer of Psychiatry and Mental Health Nursing, faculty of Nursing, Sohag University 2015 -2018
- Demonstrator of Psychiatry and Mental Health Nursing, faculty of Nursing, Sohag University 2010 -2015

INTERESTS:

- ❖ Nursing research
- ❖ Psychology
- ❖ New trained in psychiatric nursing
- ❖ Very good in English talking, reading and writing.
- ❖ Very interesting in computer and internet

THESES

- ✓ Master theses: Psychological Assessment and Quality of Life of patients with Colorectal Cancer at Assiut University Hospital and south Egypt cancer institute.
- ✓ Doctor theses: Effect of psychiatric nursing interventions on depression and anxiety among cancer patients at South Egypt Cancer Institute.

RESEARCH'S

- 1-Exploration of Saving cognition and Distress tolerance as predictor factors for hoarding behavior .India International Journal of Novel Research in Healthcare and Nursing September - December 2019,International Vol. 6, Issue 3, pp: (934-943)
- 2-Effect of instructional guidelines on mothers anxiety regarding behavioral changes among children with autism during Corona virus disease. Egypt asnj - December 2020 local Vol8 no 23.
- 3-Effect of mothers' implementing Progressive Muscle Relaxation technique on Anxiety and Sleep Quality among Children with COVID-19. Port said , December 2021

- 4-Psychological distress and quality of life among female stress urinary incontinence patients pre and post non-invasive laser therapy. Egypt asnj -Supplement March, Vol , (9) No, (24), Supplement March, 2021, pp (225-233)
- 5-Effect of Psychological Intervention on Stress coping Mechanisms and Burnout Syndrome among Critical care Nurses. Vol , (01) No, (30), May, 2022, pp (001 - 011)
Print Issn: 2314-8845 Online issn: 2682-3799
- 6-Parents' anxiety and stress about their children returning to school during the Pandemic of Covid19. Port Said Scientific Journal of Nursing Vol.9, No. 1, April 2022
- 7-Perception, Satisfaction, and Obstacle of Online Learning Faced by Academic Nursing Students during COVID-19 Pandemic. Egyptian Journal of Health Care, 2022 EJHC Vol.13 No.1
- 8-Effectiveness of PLISSIT Model on Sexual Dysfunction and Psychological Distress among Women Using Hormonal Contraception. Egyptian Journal of Health Care, 2022 EJHC Vol.13 No.4
- 9-Cognitive Status and Psychological Well-Being of Older Adults with Hearing, Vision, or Dual Sensory Impairments.Egyptian Journal of Health Care, September 2023 EJHC Vol. 14. No.3
- 10-Effectiveness of Mindfulness Program on Anxiety, Anger, and Self-Esteem among Academic Nursing Student. Sohag Journal of Nursing Science (SJNS) Vol (3) 2024,Issue (4).
- 11-Effectof group psychotherapy on self –care skills in schizophrenia. The Egyptian Journal of Neurology, Psychiatry and Neurosurgery. VOL 60article number127(2024).
- 12- Effect of mindfulness Training on Premenstrual Syndrome among young female. Assiut Scientific Nursing Journal. 2024, Vol , (12) No, (47), November, 2024, Pp (15-25)Print Issn: 2314-8845 Online Issn: 2682-3799.
- 13- The Impact of Psychological Distress and Well-Being of Nurses on Quality of nursing care at Psychiatric Hospitals. Assiut Scientific Nursing Journal 2025 vol, (13) No, (49), Special No. (5), Pp (23 - 31) Print Issn: 2314-8845 Online Issn: 2682-3799.
- 14-Effect of Psychological Well-Being on Sustainable Nursing Care among Nurses at

Assessment of Anxiety Symptoms and Quality of Life among Patients Undergoing Heart Surgery. ISSN 2786-0183. Helwan International Journal for Nursing Research and Practice Vol. 5, Issue 13, Month: March, Available at: <https://hijnrp.journals.ekb.eg/>

WORK SHOPS

Attending as a trainee:

No	Name	Place	Date
.1	The Basics of Research on the Scopus and Data Analysis اسياسيات البحث علي منصة اسكوبس وتحليل البيانات	منصة الباحثين والاكاديمين – ايفاد	13/2/2022
.2	الادارة الإستراتيجية والتخطيط الإستراتيجي في مؤسسات التعليم العالي	مركز تنمية قدرات أعضاء هيئة التدريس والقيادات بجامعة سوهاج	30/3/2022
.3	المجلس الرمضاني الافتراضي بعنوان مستقبل التعليم العالمي ضمن مجالس وزارة الداخلية في دورتها الحادية عشر عن بعد لعام 2022 والتي تناقش التوجيهات العالمية للمستقبل	افاق للتطوير القيادي	13/4/2022
.4	Fundamentals of publishing	International community service by JURNAL NERS	20/5/2022
.5	تصميم وتفعيل المقرر الالكتروني	مركز تنمية قدرات أعضاء هيئة التدريس	12- 13/11/2022
.6	Fundamental of Digital Transformation Certificate	ICT Sohag University	11/2022
.7	توصيف البرامج والمقررات الدراسية	مركز ضمان الجودة بجامعة سوهاج	1-3/1/2023
8.	توصيف وتقرير البرنامج	Quality Assurance Unit sohag university	25/3/2023
.9	Self-defense: Nursing intervention for aggressive behavior	كلية التمريض جامعة قناة السويس	
.10	النشر العلمي	مركز تنمية قدرات أعضاء هيئة التدريس والقيادات بجامعة سوهاج	25/5/2023
.11	People with disability Rights Law	مركز خدمة الطلاب ذوي الاعاقة بالجامعات المصرية بالتعاون مع أمديست	11- 12/7/2023
.12	Universal Design for learning -UDL	مركز خدمة الطلاب ذوي الاعاقة بالجامعات المصرية بالتعاون مع أمديست	18/9/2023

Second: Attending as a trainer

No	Name of work shop	Organizing body	Target groups	Date
1	Nursing care of patients with attention deficit hyperactivity disorder	Sohag University and Mental Health Hospital	Students and employees of Sohag University	3\2022
2	Emergency course	regional training center,	nursing staff	1/9/2022
3	Tests anxiety	Faculty of nursing sohag university	Faculty of nursing students	3\5\2022

CONFERENCE ATTENDENC

No	المؤتمرات الدولية والمحلية	Date
(1)	The 9 th international and 3 rd virtual scientific nursing conference of faculty of nursing –Menoufia university (foreseeing nursing future during metaverse)	15-16/2/2022
(2)	3 rd annual sedeia diabetic foot conference	23/2/2022
(3)	4 th International Conference Nursing college Assiut university	13-14/2/2022
(4)	المؤتمر العلمي السابع لشباب الباحثين (الدولي الثاني) والذي عقد في جامعة سوهاج 2- 3 مارس 2022	2-3/3/2022
(5)	5 th annual scientific conference hold by the psychiatric and mental health nursing department faculty of nursing Beni-suef university under title: (New trends in psychiatric nursing care).	22/3/2022
(6)	1 st Scientific stroke day.	30/3/2022
(7)	المؤتمر العلمي الدولي الخامس عشر بالتعاون مع كلية التمريض جامعة سوهاج وكلية التمريض جامعة الموصل بالعراق التعليم التمريضي بين الدراسة والتطبيق (كلية التمريض انموذجا)	25-26/10/2022
(8)	المنتدى العلمي الثالث لضمان الجودة (الجامعة المستدامة: معالم علي طريق ضمان الجودة)	31/10/2022
(9)	1 st Scientific Day of Community Health Nursing – Psychiatric Nursing and Mental Health Faculty of Nursing- Assiut University 4th -December 2022 Social media and its	4-12-2022

	impact on Community and Mental health.	
(10)	3 rd International of upper Egypt nursing collages conference Assiut university	19-20/2/2023
(11)	المؤتمر الطلابي الرابع تحت عنوان جودة الخدمات التعليمية في ظل الجمهورية الجديدة بقاعة قناة السويس بالجامعة الجديدة سوهاج Nursing students readiness to digital transformation towards universal health insurance system	6/3/2023
(12)	The Fourth International Scientific Nursing Conference 2023 The 2nd virtual faculty conference Nursing towards (sustainable health).	14- 15/3/ 2023
(13)	The 10 th International Nursing Conferences and 6th Post graduate Studies and Research Conference. Academia health care institutional partnerships (A Win-Win). Faculty of Nursing – Mansoura University on May 4, 2023.	4-3/5/2023
(14)	مؤتمر البيئة الدولي الاول بجامعة سوهاج.	8/5/2023
(15)	Annul scientific conference in collaboration between psychiatric& obstetric nursing department: Challenge and opportunities in woman physical and mental health. Conference hall at faculty of nursing –Suez Canal university	24/5/2023
(16)	The 10 th conference of young researchers, faculty of nursing ,tanta university (Youth enthusiasm: the driving force of the nursing profession)	12/12/2023

MANAGEMENT POSITIONS:

- ✓ Head depatement of psychiatric and mental health nursing
- ✓ Manger of Technical Nursing Institute Sohag University
- ✓ Member in Technical Nursing Institute College Council
- ✓ Member in the College Council
- ✓ Member in the Graduate Studies Committee at faculty of nursing sohag university
- ✓ Member in the Scientific Research Ethics at faculty of nursing sohag university
- ✓ Faculty Standard Coordinator for Program Accreditation

- ✓ Pervious Coordinator of Scientific Research Standards and Research Activities.
- ✓ Pervious Academic Coordinator for the internship students