

Curriculum Vitae

Asmaa Atef Thabit Ahmed

Contact Information:

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- **Governorate:** Sohag.



Personal Information:

Birth Date: 1/2/1994

Gender: Female

Marital status: single

Nationality: Egyptian

Education:

- 1- PhD in Nursing Psychiatric and Mental Health Nursing , Faculty of Nursing – Benha University ,
Awarded Date: February 2026.
- 2- Master Degree in Nursing Psychiatric and Mental Health Nursing, Faculty of Nursing – Benha
University, Awarded Date: July2022.
- 3- Bachelor Degree in Nursing Science Faculty of Nursing – Sohag University, Awarded Date: july 2017

International Publication:

National Publications

1. Effect of Psycho-Educational Program on Reducing Stigma and Enhancing Self-Esteem among Patients
Suffering from Substance Use Disorders.

2. Correlation Between Stigma and Self-Esteem among Patients with Substance Use Disorders.
3. Psycho-educational Nursing Program on Reducing Self-Stigma and Enhancing Self-Esteem among Patients with Substance Use Disorder
4. Social Media Addiction and its relation to Alexithymia and Feeling of Loneliness among Students of Faculty of Nursing
5. Alexithymia and its relation with social media among nursing students.

Profession and Experiences:

- 4- Lecturer at Nursing Psychiatric and Mental Health Nursing Department- Faculty of Nursing-Sohag University. March 2026.
- 5- Assistant Lecturer at Nursing Psychiatric and Mental Health Nursing Department- Faculty of Nursing-Sohag University. From 2023 until February 2026.
- 6- Clinical Demonstrator-Faculty of Nursing-Sohag University. From 2019 until March 2023.
- 7- Psychiatric Nurse at Adel Sadiq hospital.
- 8- Nursing supervisor at Sohag Agyal medical hospital . 2019-2022.
- 9- Operating Room Nurse for ICSI Procedures at Mohamed Mokbel Women's Center. 2014-2020
- 10- Nurse at Amshag Hospital for Obstetrics and Gynecology. 2017-2019
- 11- Nurse at Rashid Hospital, Hemodialysis Unit. 2013-2014
- 12- Nurse at Al Noor Cardiac Catheterization Center 2014-2019
- 13- Nurse at Al Hilal Governmental Hospital 2012-2014

Academic Responsibilities

- 1- Lecturer /Assistant Lecturer of Nursing Psychiatric and Mental Health Nursing : Various courses taught in 1st semester of the academic year (2025/2026) including:
 - Fundamentals of Nursing Psychiatric and Mental Health 2st level students (Practice/Theory).
 - Fundamentals of nursing Administration 4th year students (Practice).
 - Credit transfer) students in Nursing Psychiatric and Mental Health Nursing .
 - Psychiatric Nursing course for first-year students at the Nursing Institute (Theory).
- 2- Supervising students in field training (at Sohag university hospital).
- 3- Internship year coordinator, Nursing Administration Department Student Activities Coordinator, Faculty of Nursing, Sohag University.
- 4- Quality Assurance Unit Member (2017 - Present)
- 5- Responsible for one of the quality standards Files

6- - Quality coordinator at the Department (2022 – 2024)

Courses and Certificates:

- 1- Academic Advising 2025.
- 2- Documentation for quality assurance 2025.
- 3- Methods for writing research proposals 2025.
- 4- Teaching and learning strategies 2025.
- 5- Academic Test of English as a Foreign language (ATEFL) from center of foreign language and professional translation at UniversityBanha 2023.
- 6- Concepts and fundamentals of quality assurance 2022.
- 7- Establishing an internal quality management system 2022.
- 8- Anti-corruption 2021.
- 9- Statistical analysis in scientific research 2021.
- 10- Academic teacher preparation course. 2021
- 11- Fundamental of Digital transformation certificate 2021.
- 12- Academic research writing workshop. 2020

Conferences participation and attendance

1. The 5 th Annual and 2st International Student Conference, at Faculty of Nursing, Benha University, entitled "Nursing students Advocacy to Achieve Sustainable Developmental Goal for Good Health and Wellbeing".
2. The 5th scientific and the 2nd International Conference of the Faculty of Nursing - Benha University, entitled" New advances in nursing science and practices"" Nursing vision2030".
3. The 1st Benha Faculty of Medicine Quality Conference , entitled" QUALITY BETWEEN THEORY & PRACTICE".
4. The 8th Annual and the 5th International scientific Nursing Conference of the Faculty of Nursing - Benha University, entitled" Climate changes and Challenges in Nursing: Era of Artificial Intellegence".
5. The 8th Annual and the 5th International scientific Nursing Conference of the Faculty of Nursing - Benha University, entitled" Digital health and quality of health care ".
6. Participation in the 7th International Conference of the Faculty of Nursing, Sohag University 2025.
7. Participation in the sixth International Conference of the Faculty of Nursing, Sohag University 2024.

8. Participation in the Fifth International Conference of the Faculty of Nursing, Sohag University 2023.
9. Attendance of the scientific workshop on research methodology: what nurses should know?. 2023.
10. Attendance at the 5th international conference on nursing College-Sohag University under title "Climate change and health-nursing vision". 2023.
11. Participation in the 7th scientific conference for young researchers organized by Sohag University. 2022.
- 12.** 1st International Upper Egypt Nursing Colleges Conference 2nd International Conference of Nursing College, Assiut University “towards Achieving Sustainable Developmental Goals Quality Education & Health” 2020. **Workshops: -**
13. Managing competitive research project.
14. Statistical analysis.
15. International scientific publishing.
16. Research ethics.
17. Scientific Research Methodology.
- 18. Training Courses:**
19. Advanced Excel
20. Advanced word
21. Window
22. Benha University TOEFL (BU-TOEFL)
23. Fundamental of Digital Transformation

Skills

- Presentation skills.
- Computer skills-
- Communication and negotiation skills.
- Management and leadership skills.
- Time management skills.
- Problem solving skills.

- Critical thinking skills.
- Conflict resolution and negotiation

Languages

- ***Arabic* Level: Expert** ***English* Level: very good**

13- Passed the academic test of English Academic Test of English as a Foreign language (ATEFL) from center of foreign language and professional translation at University Banha 2023.