

,,,Curriculum Vitae

Omima Mostafa Abd Elzاهر



*Assistant prof at Community Health Nursing,
Faculty of Nursing - Sohage University, Egypt.*

Personal Profile

I'm started working in the SVU (South Valley University) as a clinical demonstrator predominantly at Community Health Nursing department Faculty of Nursing since 2010. Then have got my master's degree to continue working as an assistant lecturer since 2014. Then have got my doctor's degree to continue working a lecturer since 2018. And lecture of community health nursing at Sohag university and now Assistant prof of community health nursing at sohag university.

Name	Omima Mostafa Abd Elzاهر
Date of Birth	11-4-1987
Marital Status	Married
Nationality	Egyptian
Religion :	Muslim
Occupation :	Assistant prof of community health nursing
Address :	Assuit Abnoub district

Academic degrees & Education background

❖ October 2023

❖ **Assistant prof community health nursing – faculty of nursing sohag university**

❖ **October 2018**

PhD, Community Health Nursing. Community Health Nursing Department- Faculty of Nursing - Assuit University- Egypt.

Thesis title: “Occupational Health program about prevention and control of health hazards among bakery workers in Assuit city – Egypt.”.

❖ **August 2014**

MSc, Community Health Nursing Community Health Nursing Department - Faculty of Nursing- Assuit University, Egypt.

Thesis: Farmer's Knowledge, Attitude and Practice about Health hazards of Pesticides at El - Hammam village.

❖ **2008 – 2009**

BSc (Excellent (honor degree) Percentage: 87.4 %). General Nursing. Faculty of Nursing, Assuit University.

Skills

Arabic : Mother Tongue

❖ English : Very good spoken and written

❖ **Language Skills:** Fluent in spoken and written English and Arabic Mother tongue

Computer skills:

❖ **Extensive Experience with**

❖ **Operating System :** Microsoft Windows 7 & 8 • **Word, Excel and PowerPoint** • Office 365 Programs

❖ **Internet:** Netscape Communicator, Internet Browsing

❖ 7 modules of computer office , excel , power point, data base , technology , access , Windows , for Excellent knowledge of computer systems and software

❖ Certification has attended the training program (**Advanced Spread sheet**) in the period of 4-7/12/2020

❖ Certification has attended the training program (**Information and Communication**) in the period of 25-27/5/2020

❖ Certification has attended the training program (**Statistical Analysis using SPSS**) in the period of 26-29/6/2020

- ❖ Certification has attended the training program (**Advanced Power Point**) in the period of 17-20/10/2020

Position and employment

2025 till now	<ul style="list-style-type: none"> • Head of the community health nursing department Faculty of Nursing, Sohage University.
2024 till now	<ul style="list-style-type: none"> • Director of the graduate unit faculty of nursing sohag university
2025 till now	<ul style="list-style-type: none"> • Member in the College Council
2024 till now	<ul style="list-style-type: none"> • Member in the environmental and Community Services Committee at faculty of nursing sohag university
2024 till now	<ul style="list-style-type: none"> • Member in the Scientific Research Ethics at faculty of nursing sohag university
2023 till now	<ul style="list-style-type: none"> • Assistant prof of community health nursing.
2023	<ul style="list-style-type: none"> • Academic coordinator of the internship students .
2023	<ul style="list-style-type: none"> • Deputy director of the graduate unit.
2018-2020	<ul style="list-style-type: none"> • Head of the community health nursing department Faculty of Nursing, South Valley University. • From 2018 to the end of 2020.
2019	Lecturer at Community Health Nursing Department, Faculty Nursing, South Valley University October 2019 till current.
2014 – 2019	<ul style="list-style-type: none"> ▪ Assistant Lecturer at Community Health Nursing Department, Faculty of Nursing, South Valley University 2014 – 2019.
2010-2014	<ul style="list-style-type: none"> ▪ Clinical Demonstrator at Community Health Nursing Department at Faculty of Nursing–South Valley University, Qena , Egypt. 2010.

Teaching Experience

- Active participation in the exams work and evaluation committees.
- Participation in paper and exams marking at faculty of nursing, South Valley University
- Participation in paper and exams marking at Qena Nursing Technical Institute.

- Clinical part of Community Health Nursing Faculty of Nursing – South Valley University.
- Theoretical part of Community Health Nursing, Faculty of Nursing, Qena Nursing Technical Institute.
- Clinical part of Medical Surgical Nursing, Faculty of Nursing – South Valley University.
Theoretical part of Community Health Nursing, Faculty of Nursing – South Valley University.
- Active participation in the exams work and evaluation committees faculty of nursing sohag university.
- Participation in paper and exams marking at faculty of nursing, sohag University
- Participation in paper and exams marking at Sohag Nursing Technical Institute.
- Clinical part of Community Health Nursing Faculty of Nursing – Sohag University.
- Theoretical part of Community Health Nursing, Faculty of Nursing, sohag Nursing Technical Institute.
Theoretical part of Community Health Nursing, Faculty of Nursing – Sohag university
- Participation in teaching in Halal , kwather , science technology Technical Institute.

Academic and community participation

Participating in numerous environmental and community service activities such as seminars,

caravans, a first aid tent, and health education for all institutions in the community.(2023 till now)

- Participation in the establishment of the Community Health Nursing laboratory equipped with all necessary Supplies and Models (2013- 2024)
- The Nursing day for South Valley University students (15 November 2014).
- First aids training at Faculty of Nursing – South Valley University (6-25 December 2014).
- "Effective communication skills", (12-14/4/2011) Institute of professional manager.
- "Comprehensive course in self-control", (12-14/4/2011) Best aura, Qena, Egypt.
- Participation in the project (Child University) at South Valley University from 2015 till 2019

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❖ Attended conferences

- ❖ ICDL Certification meaning international computer driving license contain 7 modules of computer office , excel , power point, data base , technology , access , Windows , for Excellent knowledge of computer systems and software

- ❖ Certification has attended and participated in the second scientific day of community health nursing department in 2014 about Nanotechnology and nursing in Assuit University.
- ❖ Certification has attended about the English level (2 &3) in 2011
- ❖ Certification of achievement about self control and in Qena 2011 by Dr / Ibrahim Elfiky
- ❖ - Certification of achievement of (NLP) meaning Neuro – linguistic programming in Qena 2011 by Dr/ Ibrahim Elfiky
- ❖ -Certification has attended about effective communication skills which was conducted according to the standards and guidelines established by (IPM) Institute of professional managers in Qena 2011
- ❖ Certification has attended and Effective participation in the First Aid course in the period of 23 -27/10/2011 held at the faculty of nursing South Valley University.
- ❖ Certification has attended about Preparing the university teacher, held at the University of South Valley in the period (8/1/2013 : 19/1/2013)
- ❖ Certification has attended about English Proficiency Course held at Sohag Language & Translation Center with a percentage of 85% in the period of (25/6/2014)
- ❖ Certification has attended and Effective participation in the eighth environmental week for community service and environmental development, South Valley University in the period (12-17March .2016)
- ❖ "The 1st International Conference of Nano-technology and its Applications" 2014 at South Valley University (one member of organizing committee).
- ❖ Certification has attended about Objective Structure Clinical exam OSCE work shop at 2-3 March 2015
- ❖ Certification has attended and Effective participation in the Second Scientific Day of community health Nursing Department: “Nanotechnology&Nursing” at Faculty of Nursing, Assuit University, Egypt. (1 April 2014)

- ❖ 4th Scientific Day for Faculty of Nursing, Sohag University, Egypt. ((2nd April 2015)
- ❖ Certification has attended about Research methodology work shop at 27-28 April 2015 held at the faculty of nursing South Valley University.
- ❖ “The 1st International Conference of Nursing”, South Valley University, Egypt (15th - 17th 2017 actively participated with oral presentation titled (Nanotechnology in health care and nursing).
- ❖ Certification has attended about English Language Proficiency Test (ELPT) Score Report with a percentage of 87% in the period of 3/12/2017)
- ❖ "The 12th Annual Conference of Diabetes and Endocrinology Unit, Internal Medicine department" Faculty of Medicine – Assuit University: Practical View of Some Endocrine disorders (March 13-14, 2019).
- ❖ The 2nd Upper Egypt Congress of Clinical Nutrition, Assuit (3rd April 2019).
- ❖ Certification has attended and Effective participation in Women’s Health Education Seminar at the Leaders ’Foundation and the Egyptian Youth Leadership Council in the period of 16March 2019)
- ❖ Certification has attended and Effective participation in the First Aid course in the period of 12/11/2019 held at the Nacer primary school in Qena .
- ❖ Certification has attended First Scientific day of Upper Egypt Society of Clinical Nutrition and Metabolism in the period of (28 Nov 2019)
- ❖ First virtual conference for academics and researchers platform- IFAD titled Scientific Research During Covid -19 the Reality and Future (SRCRF).2020
- ❖ 3rd Annual conference of nursing administration department innovative management agate way for excellence and prosperity).2021
- ❖ The 1st Virtual 3rd International 6th Scientific Conference of Faculty of Nursing- Sohag University “Challenges of Virtual Nursing Education and Future Opportunities. 2021
- ❖ The 9th International and 3rd virtual Scientific Nursing Conference of Faculty of Nursing – Menoufia University Foreseeing Nursing Future During Met averse.

- ❖ 1st Scientific Day of Community Health Nursing –Psychiatric Nursing and Mental Health Faculty of Nursing- Assiut University 4th -December 2022 Social media and its impact on Community and Mental health.
- ❖ 3rd International of Upper Egypt Nursing Colleges Conference (Assuit University).
- ❖ The second scientific conference of Gerontological Nursing Department - Faculty of Nursing – Mansoura - University On Tuesday , March 14-3-2023 Future Insights in Older Adults Health Care.
- ❖ The Fourth International Scientific Nursing Conference 2023 The 2nd virtual faculty conference 15 March 2023 Nursing towards sustainable health .
- ❖ The 10th International Nursing Conferences and 6th Post graduate Studies and Research Conference. Faculty of Nursing – Mansoura University on May 4 , 2023.
- ❖ The second scientific day of the faculty of nursing , SVU in collaboration with faculty of nursing sohage university : Green Hospital and Holistic Care on December ,4, 2023
- ❖ The 6th international conference of nursing College – Sohage university Artificial Intelligence in Nursing (Education and Practice) on November 2024
- ❖ Participation in the 5TH Student Conference of the Faculty of Nursing - Sohag University, entitled "The Role of Nursing Education in Facing Labor Market Challenges," April 2025
- ❖ **Leadership and human development courses attended**
 - Faculty and leadership development project (FLDP) (12 programs) (South Valley University):
 - 1) Effective presentation from22/5/2010 to 24/5/2010
 - 2) Using technology in teaching from29/5/2010 to 1/6/2025
 - 3) Quality standards in the educational process from 20/6/2010 to 22/6/2025
 - 4) Credit hours from 18/7/2010 to 20/7/2010 to 202025
 - 5) Communication skills in different education styles from 7/6/2014 to 9/6/202025.
 - 6) Time and Meetings Management. from 10/6/2014 to 12/6/202025

- 7) Financial and legal aspects in university business from 24/8/2014 to 26/8/2014
- 8) Quality standards in the educational process from 31/8/2014 to 2/9/2014. To 2025
- 9) Competitive research projects from 9/5/2015 to 11/5/2015 to 2025.
- 10) Effective presentation from 2/6/2015 to 4/6/2025
- 11) Ethics of scientific research from 15/7/2018 to 16/7/2018 to 2025.
- 12) Credit hours system from 21/7/2018 to 22/7/2018. To 2025

PUBLICATIONS RESEARCH:

Omima M. Abad- Elzaher **, Mohammed H.Qayed ***, Safaa A.M. Kotb ****, Asmaa G. Mohamed . Farmer's Knowledge, Attitude and Practice about Health hazards of Pesticides use among farmers at El - Hammam village. Assiut Scientific Nursing Journal ISSN 2314- 8845, Vol (2). No (3) June 2014.

❖ * Omima M. Abad- Elzaher **, Hoda D. Fahmy **, Neama M. El-maghraby * ** Asmaa K. Hassan. *Workers' Knowledge and Practice about Health hazards ,control and prevention in bakeries at Assuit city.* Assiut Scientific Nursing Journal ISSN 2314- 8845, Vol (6). No (14) August 2018.

❖ * Omima M. Abad- Elzaher **, Hoda D. Fahmy **, Neama M. El-maghraby * ** Asmaa K. Hassan. *Occupational health program about prevention and control of health hazards among bakery workers in Assuit city.* IOSR Journal of Nursing and Health Science Journal Vol (7). No (4) August 2018 .<http://www.iosjournal.org>.

❖ Maha Moussa Mohamed Moussa¹, Heba Ali Hamed Mohamed², Omima Mostafa Abd Elzaher Mohamed³, Mona Adel Soliman Attia⁴, Fatma El Emam Hafeze Elemam⁵ Effect of Whats App Reminder Teaching Program regarding Prevention of Child Abuse on Primary School Teachers' Knowledge in Egyptian Journal of Health Care, 2022 EJHC Vol. 13. No.2

- ❖ Doaa Bahig Anwr 1, Omima Mostafa Abd Elzaher Mohamed 2, Manal Mohamed Ahmed Ayed 3 Effect of Massage on Increasing Growth Parameters and Inducing Sleep among Premature Neonates in Egyptian Journal of Health Care, 2020 EJHC Vol.11 No.3.

- ❖ Reda R. Ali¹, Omima M. Abd- Elzaher², Mervat M. Hassan³, & Shaimaa G. Hassen⁴. Effect of Educational Program About Partograph on Maternity Nurses' Knowledge at Qena University Hospital –Egypt , *Assiut Scientific Nursing Journal* , Vol , (9) No, (24), March, 2021, pp (1-11)

- ❖ Hanaa E. Sabra¹, Omima M. Abd Elzaher ²& Soad S. Mahmoud ³ Obstacles of Implementing Total Quality Management in Higher Education Institutions: Academic Staff' perspective , *Assiut Scientific Nursing Journal* , Vol , (8) No, (23) December, 2020, pp (49-61)

- ❖ Shimaa Hassan abd el-fatah¹, Omima Mostafa Abd Elzaher², Eman Mohamed Ebrahim Abd-Elraziq³ Modified Nursing Program to Improve Health Condition Asthmatics Older Adult Egyptian Journal of Health Care, 2020 EJH Vol.11 No.1

- ❖ Hanaa Mohamed Ibrahim Nassar (1), Fathia El-Sayed El-Ghadban (2), Thorea Mohamed Mahmoud (3), Omima Mostafa Abd Elzaher Mohamed (4), Manal Mohamed Ahmed Ayed (Effect of Mobile-Based Nursing Intervention on Preventive Measures of COVID –19 among Children Suffering from Chronic Kidney Diseases at Egyptian Journal of Health Care, 2021 EJHC Vol. 12 No. 4

- ❖ **Shymaa H. Ahmed¹, Omima M. Abd Elzaher², Hanaa Esmail Sabra³ Structured Teaching Program's Effect on Knowledge and Self-Management Behaviors for Hemodialysis Patients** , Tanta Scientific Nursing Journal (Print ISSN 2314 – 5595) (Online ISSN 2735 – 5519)

- ❖ Fatma Ahmed Sabry¹, Thorea Mohamed Mahmoud², Omima Mostafa Abd Elzaher³, Awareness of Postpartum and Post Aborted Women Regarding Emergency Contraception, *Assiut Scientific Nursing Journal Vol , (9) No, (26) September, 2021, pp (55-64)*
- ❖ Effect of Massage on Increasing Growth Parameters and Inducing Sleep among Premature Neonates published in Egyptian Journal of Health Care, 2020 EJHC Vol.11 No.3, PP(530-540).
- ❖ -Effect of Mobile-Based Nursing Intervention on Preventive Measures of COVID –19 among Children Suffering from Chronic Kidney Diseases, published in Egyptian Journal of Health Care, 2021 EJHC Vol.12 No.4, PP(75-90).
- ❖ 5-Parent anxiety and stress about their returning to school during the Pandemic of Covid19 , Port Said Scientific Journal of Nursing Vol.9, No. 1, April 2022 (219-239).
- ❖ Respiratory Problems among Workers in Sohag Spinning Factory , published in Sohag Journal of Nursing Sciences , Vol, (2) No, (2), January 2023.
- ❖ Social Media- Assisted In-Services Training Instructional Guidelines on Nurse's Performance regarding Bone Marrow Transplant Recipients , Egyptian Journal of Health Care, 2023.
- ❖ Nursing Students' Knowledge and Reported Practices Regarding Health Effects of Climate Change in Sohag City Sohag Journal of Nursing Sciences, 2024.
- ❖ - Effect of Foot Reflexology versus Warm Water Foot Soak with Body Relaxation Techniques on Symptoms and Quality of Life of Preeclampsia Egyptian Journal of Health care. September, 2024.
- ❖ Knowledge and Reported Practices of Nursing Students Regarding Health Effects of Climate Change in Sohag City Assuit Scientific Nursing Journal , 2024

- ❖ Mothers' Performance regarding their Children with 2Conjunctivitis at Sohag University Hospital in Helwan International Journal for Nursing Research and Pratctice , 2024.
- ❖ Effect of Home visits educational program for housewives' knowledge and practice regarding prevention of dengue fever at Qena governorate Egyptian Journal of Health care. June, 2025.
- ❖ Effect of designed nursing instructional guidelines about climate change on awareness, anxiety and mitigation behaviour's of elderly in Tanta Scientific Nursing Journal (Print ISSN 2314 – 5595) (Online ISSN 2735 – 5519) 2025

I hope my qualifications meet your requirements