

A graphic design for a Curriculum Vitae cover page. It features three overlapping light purple rectangular shapes with a white arrow-like cutout on the left side. The central shape is a solid rectangle with a white horizontal bar in the middle containing the text 'Curriculum Vitae'. The other two shapes are offset to the left and right, creating a layered effect. All shapes have a thin black outline and a subtle drop shadow.

# Curriculum Vitae



### Personal and Socio-Demographic Data:

<b>Name</b>	Dr. Shima Hassan Abdel Fatah Abdel Hafeez		
<b>Profession</b>	Assistant Professor of geriatric nursing Faculty of Nursing - Sohag University. Egypt.		
<b>Marital status</b>	Married and I have 4 girls (Asmaa, Makka, Mariam& Misk)		
<b>Gender</b>	Female		
<b>Working: Address</b>	Sohag University, Faculty of Nursing, geriatric Nursing Department, Sohag City. Egypt.		
<b>Date of birth</b>	<b>Day</b> 04	<b>Month</b> 01	<b>Year</b> 1987
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<b>Sohag University</b>	<a href="http://staffsites.sohag-univ.edu.eg/">http://staffsites.sohag-univ.edu.eg/</a>		
<b>Google Scholar Citations</b>	<a href="https://scholar.google.com/citations?hl=en&amp;user=PzkZWGcA-AAAJ">https://scholar.google.com/citations?hl=en&amp;user=PzkZWGcA-AAAJ</a>		
<b>Research gate</b>	<a href="https://www.researchgate.net/profile/Shima-Abdelhafeez/research">https://www.researchgate.net/profile/Shima-Abdelhafeez/research</a>		

### Education

School / Collage / University / Other	Degree obtained	Date
Baccalaureate of Nursing	Excellent	29-6 -2007
Master degree of geriatric Nursing. <b>Under title:</b> Assessment of	Excellent	9-2013

Quality of Life and Nurses' Knowledge for Hypertensive Elderly Patients at Sohag University Hospital.		
Doctoral degree <b>Under title</b> Impact of rehabilitation program for elderly patients with hip fracture at Sohag university hospital	Very good	27-9-2017

### **Employment history as a teaching staff at Egypt**

This section starts with the most recent degree:

<b>Employer</b>	<b>Position</b>	<b>Dates (From-to)</b>
Faculty of Nursing, Sohag University.	Associate Prof.	26-11-2022 Until now.
Faculty of Nursing, Sohag University	Assistant Prof.	27-9-2017
Faculty of Nursing, Sohag University.	Lecturer Assistant	27-9-2013
Faculty of Nursing, Sohag University.	Demonstrator	25- 01- 2009

### **Experience:**

No	Leadership Position	Responsibilities
1	Head of the geriatric nursing Department- faculty of nursing- Sohag	♣Develop and update the department's vision, mission, objectives and work plan.

	<p>university 9-2017 until now</p>	<ul style="list-style-type: none"> <li>♣ Develop a practical work plan for the department's students, the places of practical training in the hospital, the date of the practical examinations, and those in charge of the practical training.</li> <li>Teaching the theoretical curriculum in the department and developing the curriculum.</li> <li>♣ Setting theory and final exams for department students.</li> <li>♣ Distribution of scientific and administrative tasks to members of the Department of Nursing for the Elderly</li> <li>♣ Making a course description and the course report for the subject</li> <li>♣ Making a question bank for nursing the elderly</li> <li>♣ Administrative supervision of all department works</li> </ul>
2	<p>Director of the Technical Institute of Nursing, Sohag University, from 7-2019</p>	<ul style="list-style-type: none"> <li>♣ Drafting and implementing the institute's vision and mission.</li> <li>♣ Setting the educational plan for the academic teams at the institute.</li> <li>♣ - Nominate professors to teach and follow up the educational process.</li> <li>♣ Develop a training plan for internship students at the institute in various places in the university hospital.</li> <li>♣ Follow-up and evaluation of the institute's</li> </ul>

		<p>students with different teams and setting their examination schedules.</p> <ul style="list-style-type: none"> <li>♣ -Following up the course of administrative work at the institute, student affairs and caring for youths.</li> <li>♣ Follow up the exam process for students and photograph their exams from the professors.</li> <li>♣ Choosing the control personnel for the teams, following up the correction and monitoring processes, and showing the results of the students</li> </ul>
3	<p>Coordinator and Director of the Specialized Diploma in Nursing at the Technical Institute of Nursing - Sohag University from 10-2017-2018</p>	<ul style="list-style-type: none"> <li>♣Drafting and implementing the vision and mission of the Specialized Diploma in Nursing.</li> <li>♣ Developing the educational plan for the academic teams in the specialized diploma in Nursing.</li> <li>♣ Nominate professors to teach and follow up the educational process</li> <li>♣ Develop a training plan for internship students in different places in the university hospital.</li> <li>♣ Follow-up and evaluation of Nursing Specialist Diploma students in different teams and setting their exam schedules.</li> <li>♣ Follow up the exam process for students and photograph their exams from the professors.</li> <li>♣ Choosing the control personnel for the teams, following up the correction and monitoring</li> </ul>

		processes, and showing the results of the students
4	Deputy Director of the Quality Assurance Unit at the college 10-2017 9-2019	<ul style="list-style-type: none"> <li>♣ Performing the duties of the unit manager in his absence</li> <li>♣ Carrying out other functions delegated to him by the Quality Manager.</li> <li>♣ Representing the unit in the official councils in the absence of the unit manager</li> <li>♣ Assisting the unit manager in all his duties and the tasks assigned to him related to the management of the unit</li> <li>♣ Participate in the supervision and follow-up of the implementation of tasks according to the time plans specified for that</li> <li>♣ Supervising the preparation of reports and work plan for development</li> </ul>
5	Member of the administrative and executive team of the project's educational effectiveness and quality of education in the college	<ul style="list-style-type: none"> <li>♣ Participate in the supervision and follow-up of the implementation of tasks according to the time plans specified for that</li> <li>♣ Through this project, the college became eligible to apply for accreditation</li> <li>♣ Assisting in equipping the college with the necessary tools for the educational process</li> </ul>
6	Deputy Executive Director of the Continuing Nursing Training Project (a unit of a special nature) at the college 2014	<ul style="list-style-type: none"> <li>♣ Assisting the unit manager in all his duties and the tasks assigned to him related to the management of the unit</li> <li>♣ Participate in the supervision and follow-up of the implementation of tasks according to the</li> </ul>

		time plans specified for that ♣ Participation in the work of cooperation protocols with the Nursing Union and civil society
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### Academic qualifications obtained:

Qualification	Specialization	Estimation	Place of issuance	Year
PhD Nursing Sciences	geriatric Nursing	Very good	Assiut University	2017
Master Nursing Sciences	geriatric Nursing	Excellent	Assiut University	2013
Bachelor	Nursing Sciences	Excellent	Assiut University	2008

### Teaching Experience:

No	Course	Year
1	Principles of statistics	2024 to date
2	Applied nutrition	2024 to date
3	Geriatric rehabilitation	2024 to date
4	Biostatistics	2023 to date
5	Ethical and legal issues for nursing	2021 to date
6	Nursing education (postgraduate)	2019
7	Geriatric nursing	2017 to date
8	Health education	2017 to date
9	Strategies of education and health education	2017 to date

## **Participation in other fields:**

### **❖ Control work:**

No	The Mission	Year
.1	Head of control master degree	2024-2025
.2	Head of control maquse degree	2024-2025
.3	Head of control “ first level”	2023-2024
.4	Chairman of the Committees of the Technical Institute of Nursing	2019 - 2020
.5	Member of the third squad control	2017-2018
.6	Coordination of the workflow of control and control for the technical diploma	2018-2019
.7	A member of the first squad control	2017-2018 2019to date
.8	A member of the second group's control	2020-2021

### **○ Committee membership:**

N0	Committees	Role	Year
1	Quality assurance Council	Member	2024 to date
2	College Council		2019 to date
3	Post graduate Committee	Member	2023 to date
4	Laboratory Committee	Member	2017-2019, 2021, 2022
5	Education and Student Affairs Committee	Member	2019-2020
6	Institute Council	Member	2017-2020
7	Diploma board of directors	Member	2017-2018

### **○ Quality Assurance Activities:**

N0	Committees	Role	Year
1	Head of the ISO internal audit team	Management	2024-2025

		Internal audit for ISO	
2	Examiner for ISO	Internal audit for ISO	2023 to date
3	Post graduate standard	Head and coordinator	2023 to date
4	Community participation standard	Head and coordinator	2020-2021
5	Quality management standard	Head and coordinator	2019-2020
6	Technical Support Committee of the Faculty of Al-Asun, Sohag University	Member	2019-
7	Financial resources standard	Member	2017
8	Deputy Director of Quality Assurance Unit	Deputy Director	2017-2019
9	Preparing the nursing science program report	Deputy Director	2017-2019

- ◆ Head of committees and interviews at the Technical Institute of Nursing 2019.
- ◆ Head of committees and interviews, Specialized Diploma in Nursing 2017.
- ◆ Participation in control work, exams and personal interviews for new students at the Faculty of Nursing, Sohag University, from 2017 to date
- ◆ ICDL 2014
- ◆ Office 2010
- ◆ SPSS
- ◆ Designing distance learning courses
- ◆ digital transformation

## **Research:**

1. Abd-Elraziq, E. M. E., El Awady, S. M. S., & **Abd El-fatah, S.** (2025). Revitalizing Oral Health: Effects of Oral Exercise and Salivary Gland Massage on Oral Function among Elderly. *Tanta Scientific Nursing Journal*, 37(2).
2. Ghoniem, N., Mohamed, E., **Abd El-Fatah, S.**, & Abdel-Aziz, H. (2025). Effectiveness of a Video-Based Nutritional Instruction Program for Patients with Peptic Ulcers: A Comparative Study between the Elderly and Adults. *Egyptian Journal of Health Care*, 16(2), 1366-1380.
3. El Awady, M. S., **Abd El-fatah, S.**, Abdelhameed Abdelaziz, S., & Mohamed, A. E. A. (2024). Adaptation Training Program for Elderly Cleaners Exposed to sunlight. *Egyptian Journal of Health Care*, 15(1), 2412-2429.
4. Ghanem N , **Abd El-Fatah, S.**, Hassan L , Abdel-Aziz H , kareem Z , & Hassan L., (2024). Mirror Therapy: Impact of Mobile Follow-up Enhancement Nursing Program on Health Status and Coping Strategies among Elderly Women with Mastectomy. *Egyptian Journal of Health Care*, December 2024 EJHC. Vol. 15 No. 4
5. Amr, E., Mohammed, S., Marzouk, H., Hagrass, S., **Abd El-Fatah, S.**, & Abed Elfattah Atia, G. (2024). Precise Nursing Service Mode: The Golden Technique on Health Condition and Body Image among Middle-Aged and Elderly Patients with Prostate Cancer. *Egyptian Journal of Health Care*, 15(3), 235-248. doi: 10.21608/ejhc.2024.372456.
6. Abd-Elraziq, E., **Abd El-fatah, S.**, & Ahmed Sayed, Z. (2024). Impact of ICU physical restraint care standards on critical care nurse's knowledge, performance and patient outcome among critically ill Adult and older adult. *Egyptian Journal of Health Care*, 15(2), 606-625.
7. Abd-Elkhalik, E. F., Ibrahim, B. A. M., El-Houfey, A. A., Saad, K., Abd-Elfatah, **Abd El-Fatah, S.**, & Atia, G. A. E. (2023). Impact of therapeutic

- educational program on patients with stroke and care burden among family caregivers. *NEUROQUANTOLOGY*, 21(5), 1300-1315.
8. Abo Bakr, H. A. E. R., Shafik, S. A., El-Zayat, O. S., & **Abd El-Fatah, S.**, (2023). Quality Of Life for Elderly Patients with Cataract. *Sohag Journal of Nursing Science*, 2(2), 10-21.
  9. Zaki, M., Shafik, S., Saad, A., & **Abd El-Fatah, S.**, (2023). Mindfulness Based Intervention Program on Stress Reduction among the Elderly with Colorectal Cancer. *Sohag Journal of Nursing Science*, 2(2), 33-41. doi: 10.21608/sjns.2023.177541.1002
  10. Adel Mohamed Ibrahim, B., Fadl Abd Elkhalik, E., Tag El-Melook Saad, M., Mohammed Amein, N., & **Abd El-Fatah, S.**, (2022). Efficacy of Acupressure on Post-Operative Pain, Anxiety Level and Sleep quality for Abdominal Surgical Patients. *Egyptian Journal of Health Care*, 13(4), 1880-1891.
  11. Mahmoud, N. M., Hassan, **Abd El-Fatah, S.**, & Salah, R. (2022). The Efficacy of Implementing Nursing guidelines on Chronic Pruritus among Elderly Patients. *Assiut Scientific Nursing Journal*, 10(31), 240-250.
  12. Mohamed, M. G., Ahmed, G. H., Abdelall, H. A., Fahmy, H. M., **Abd El-Fatah, S.**, & AbdelAziz, S. A. (2022). Effect of Educational Protocol on Knowledge, Practice and Quality of life for Two Different Age Groups of Colostomy Patients. *Assiut Scientific Nursing Journal*, 10(28), 253-263.
  13. Saleh, N., Ali, A. E. N., Mohamed, M., & **Abd El-Fatah, S.**, (2021). Impact of Critical Thinking and Problem Solving Skills on Academic Achievement among Nursing Students'. *Egyptian Journal of Health Care*, 12(2), 932-945.
  14. **Abd El-Fatah, S.**, Fahmy, H., & Abd Alfatah, W. (2021). Effect of Nursing Intervention on Severity of Constipation among Elderly People at Sohag Geriatric Club, Egypt. *Egyptian Journal of Health Care*, 12(1), 73-83.

15. Metwaly, S. M., Husein, A. K. S., & **Abd El-Fatah, S.** (2021). Impact of social media on the knowledge about covid-19: Online questionnaire study. *International Journal of Pharmaceutical Research*, 1024-1035.
16. Abd-Elraziq E; Mahmoud S., & **Abd El-Fatah, S.** (2021). Otago Exercise Program (OEP): A Golden Technique on Health Status and Risk of Falls among Older Adults with Chronic Diseases. Article 7, Volume 12, Issue 1, March 2021, Page 84-104. DOI: 10.21608/ejhc.2021.138119
17. Alagamy Z, El-Saidy T, Mostafa M, Ali S , Osman Z & **Abd El-Fatah, S.** (2021). Effect of Telehealth Nursing on Oral Health Status and Mental Wellbeing among Elderly People, SYLWAN., 165(2)]. ISI Indexed, Feb 2021.
18. **Abd El-Fatah, S.**, Abd Elzaher M & Abd-Elraziq E, (2020). Modified Nursing Program to Improve Health Condition Asthmatics Older Adult. *Egyptian Journal of Health Care*, 11(1), 329-353. DOI: 10.21608/ejhc.2020.138117
19. Abd Elhameed S , **Abd El-Fatah, S.** , Aly S , & Abd El-aty N. (2020). Relation between Nutritional Status and Chronic Diseases among Elderly at Assiut City, Volume 8, Issue 21, June 2020, Page 1-14. DOI: 10.21608/ASNJ.2020.27915.1008
20. Abozeid H, **Abd El-Fatah, S.** & Khalaf S, (2018). Relationship between Social Support and Instrumental Activities of Daily Living among Older Adults in Assiut City. *IJRDO – Journal of Health Sciences and Nursing*, Vol (3) issue 11. DOI: <https://doi.org/10.53555/hsn.v3i11.3157>
21. **Abd El-Fatah, S.**, Mousa, E. S., El-magrabi, N., & Abd El-Aziz, N. M. (2017). Impact of Rehabilitation Program for Elderly Patients with Hip Fracture at Sohag University Hospital. *The Malaysian Journal of Nursing (MJN)*, 9(1), 54-64.

22. **Abd El-Fatah, S.,** Mousa, E. S., El-magrabi, N., El-Aziz, A., & Nermeen, M. (2017). Health Education program to improve the knowledge of Elderly Patients with Hip Fracture. *Assiut Scientific Nursing Journal*, 5(10), 61-73.
23. **Abd El-Fatah, S.,** Bayomi, S. S., & El-Torky, M. A. (2013). Assessment of Quality of Life and Nurses' Knowledge among Hypertensive Elderly Patients at Sohag University Hospital. *Assiut Scientific Nursing Journal*, 1(1), 95-110.

**Courses and workshop :**

No	Course	Date
<b>1</b>	Preparing a table of specifications	<b>2025-1-8</b>
.1	Fundamentals of publishing	2022/5/20
2.	Scientific publishing	2022/4/20
3.	Design and activation of the electronic course	2022/4 / 13-12
4.	Communication skills	2022/2/28-27
5.	Statistical analysis of scientific research data using artificial intelligence methodologies	2022/1/30
6.	Scientific research and dialogue	2022/1/28
7.	Combating corruption and introducing it	24-25/11/2021
8.	Stimulation based nursing education: construction clinical simulation	2021/11/14
9.	Digital transformation	10\2021
10.	Introduction to Statistical Analysis - SPSS Program	2021/9/30
11.	Using Dar Al-Mandumah's information bases through the Egyptian Knowledge Bank	2021/7/27
12.	Research Gap and Scientific Contribution	2021/7/27
13.	Digital transformation in higher education institutions	2021/7/28
14.	Research review and defense of theses - an applied theoretical approach	2021/4/9
15.	Recent Trends in Measuring the Validity and Reliability of the Questionnaire in Scientific Research	2021/3/24
16.	Peer review process and causes of manuscript rejection	2021/3/6

17.	Prospects Application of Total Quality in Higher Education Institutions	2021/3/4
18.	Scientific publishing in the Arab world : problems and strategies	2021/2/14
19.	Criteria of defining research problem statement	2021/2/15
20.	Professional poster presentation	2021/2/17
21.	Techniques of writing scientific CV for researches and academics	2021/2/18
22.	Clinicians and statistics	2021/2/18
23.	Avoiding Predatory Journals In Scientific Research Workshop	2021/2/21
24.	Scholarly International Publication Ethics	2021/2/21
25.	Measurement and evaluation methods and preparation of the test vocabulary - health sector	2020/11/ 11-10
26.	Nursing research camp	2020\10\14

## Conferences with effective participation

No	conference		Date
.1	Innovation in digital community health communication and education	Faculty Of Nursing - Beni Suef University	14 -5-2025
.2	Conference coordinator	Faculty Of Nursing-Sohag University	6-11-2024
.3	Member of scientific of 5 <sup>th</sup> international conference	Faculty Of Nursing-Sohag University	27-28\12\2023
.4	the Second National Scientific Maternity, Gynecology & Obstetrics Nursing conference Faculty of Nursing- Port Said University New horizons towards maternity and obstetrics nursing	Faculty Of Nursing- Port Said University	2021/4/1
5.	The 3 <sup>rd</sup> international conference (14 <sup>th</sup> annual conference) , of	Faculty Of Nursing Zagazig	25 2021/5/2

	faculty of nursing Zagazig university " COVID- 19 as global challenge for sustainable development: nursing vision"	University	
6.	1 <sup>st</sup> Virtual 3rd International 6thScientific Conference of Faculty of Nursing- Sohag University with a poster "impact of diaphragmatic and pursed lips breathing exercises on health status of elderly patients with asthma	Faculty Of Nursing- Sohag University	2021/7/27
7.	The first virtual conference, the third international conference, Damanhour University, "Covid-19 and the era of nursing "transformation to digitization	Damanhour University	2021/8/19
8.	The seventh International Scientific Conference and first virtual of Faculty of Nursing\Port said university "COVID-19 and its effect on nursing field :future, policy and strategic plans	Faculty of Nursing\Port said university	2022/5/12