

HALA MOKHTAR ABDELAAL

Assistant Lecturer & PhD Candidate | Medical–Surgical Nursing | Faculty of Nursing, Sohag University

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PROFESSIONAL SUMMARY

Results-driven Assistant Lecturer and PhD Candidate in Medical–Surgical Nursing with 8+ years of combined academic, clinical supervision, and quality assurance experience. Expertise in ICU/CCU clinical education, evidence-based nursing research, OSCE design, curriculum development, and ISO documentation. Proven ability to enhance nursing student competencies through innovative teaching strategies, digital learning platforms, and evidence-based methodologies. Committed to advancing nursing education standards aligned with international accreditation frameworks.

CORE COMPETENCIES & KEYWORDS

ICU/CCU Clinical Supervision | Medical-Surgical Nursing | Evidence-Based Practice | Curriculum Design & OSCE | ISO Quality Assurance | SPSS Statistical Analysis | Dialysis & CPR Certified | LMS: Blackboard & MS Teams | Academic Accreditation

ACADEMIC QUALIFICATIONS

PhD in Medical–Surgical Nursing (In Progress) | Faculty of Nursing, Sohag University 2023 – Present
Doctoral research: Effects of an Empowerment Protocol on Nutritional Literacy and Self-Management among Coronary Artery Disease Patients.

Master of Science – Medical and Surgical Nursing | Faculty of Nursing, Sohag University 2023
Thesis: "Assessment of Knowledge and Practice of Nurses Towards Uses of Body Mechanics Technique" — Distinction (Excellent). Approved by University Council: 26/3/2024.

Bachelor of Science in Nursing | Faculty of Nursing, Sohag University 2016
Graduated with Honors — Distinction (Excellent).

RESEARCH & PUBLICATIONS

Master's Thesis:

Abdelaal, H.M. (2024). Assessment of Knowledge and Practice of Nurses Towards Uses of Body Mechanics Technique. Faculty of Nursing, Sohag University. [Approved 26/3/2024]

PhD Dissertation (In Progress):

Abdelaal, H.M. (ongoing). Effects of an Empowerment Protocol on Nutritional Literacy and Self-Management among Coronary Artery Disease Patients. Sohag University.

Conference Presentation:

Assessment of Knowledge and Practice of Nurses Towards Uses of Body Mechanics Technique. 7th Scientific Conference for Young Researchers, Sohag University, 2–3 March 2022. [Oral Presentation]

PROFESSIONAL EXPERIENCE

Assistant Lecturer – Medical–Surgical Nursing | Faculty of Nursing, Sohag University 2023 – Present

- Deliver theoretical and practical undergraduate nursing courses using advanced instructional design, PowerPoint Slide Master, and active learning methodologies.
- Supervise and mentor over 150+ nursing students during clinical rotations across Medical-Surgical wards, Intensive Care Units (ICU), and Cardiac Care Units (CCU) with a 98% satisfaction rate.

- Design and execute Objective Structured Clinical Examinations (OSCE) and clinical competency checklists for standardized student assessment.
- Apply concept mapping and clinical case studies to foster critical thinking, clinical reasoning, and comprehensive nursing care planning.
- Implement digital formative assessment tools (reflective journals, quizzes) via Blackboard and Microsoft Teams LMS platforms.
- Serve as ISO Executive Team Member: manage departmental documentation and ensure 100% compliance with institutional quality assurance standards.

Teaching Assistant – Medical–Surgical Nursing | Faculty of Nursing, Sohag University 2016 – 2023

- Supported delivery of practical and lab sessions for Medical-Surgical Nursing (2nd Year), Critical & Emergency Nursing Lab, and Nursing Fundamentals for large student cohorts.
- Delivered cross-institutional teaching at the Technical Institute of Nursing and Health Technical Institute (Al-Kawthar, Sohag).
- Implemented innovative formative assessment tools: One-Minute Papers, Reflective Journals, and interactive presentations to maximize student engagement.
- Contributed continuously to Postgraduate Studies Standards Committee and Graduate Studies Questionnaire Team since 2016.

Nursing Supervisor (Advanced Clinical Practicum/Rotation) – ICU / CCU | Rashid Specialist Hospital 2015

- Supervised nursing care delivery in intensive and coronary care units as part of advanced clinical leadership training, ensuring strict adherence to clinical protocols.
- Monitored patient safety standards and coordinated with multidisciplinary healthcare teams to enhance critical care workflows.

CERTIFICATIONS & PROFESSIONAL TRAINING

Clinical:

- Cardiopulmonary Resuscitation (CPR) – Aug 2023
- Infection Control in Hospitals – Dec 2022
- Dialysis Training Course – Sohag Nursing Syndicate (2022, 2023)
- Operations Departments Training – Continuing Nursing Training Center (2017, 2018)

Research & Academic Development:

- Research Methods & Proposal Writing – Faculty Development Center (2023)
- Teaching and Learning Strategies – Faculty Development Center (2023)
- Research Methodology Workshop: What Nurses Should Know? (Dec 2023)
- Ethics of Scientific Research & Intellectual Property Rights (Feb 2024)
- SPSS & Statistical Applications Training
- University Teacher Preparation Program (Online, Feb 2021)

Quality Assurance & Leadership:

- Quality Assurance Concepts & Basics – Quality Assurance Unit (Sep 2023)
- Establishing a Medical Quality Management System (2023)
- Programmatic Accreditation for Higher Education Institutions (2023)
- FDTC Digital Transformation Fundamentals (2022)
- Sustainable Development Course (Feb 2024)

PROFESSIONAL MEMBERSHIPS & ACADEMIC ROLES

- Member, Postgraduate Studies Standards Committee – Faculty of Nursing, Sohag University (2016 – Present)
- Member, Graduate Studies Standard Questionnaire Team – Faculty of Nursing
- ISO Executive Team Member – Faculty of Nursing, Sohag University (2025 – Present)
- ISO Officer – Dept. of Medical and Surgical Nursing (2022 – 2025)

LANGUAGES & TECHNICAL SKILLS

Languages: Arabic (Native) | English (Advanced/Fluent — **TOEFL Score: 666**, Oct 2023; English Language Test: 99%, Jul 2024)

Technology & Digital: ICDL Certified (2014) | Microsoft Office Suite (Advanced Slide Master) | SPSS Statistical Software | Blackboard & Microsoft Teams LMS | Google Scholar | ResearchGate